



Promoting wellness and recovery

Mike DeWine, Governor  
Lori Criss, Director

# The Supreme Court of Ohio Specialized Docket Conference

Nov. 21-22, 2019

## Problem Gambling: Hiding in Plain Sight



## Topics

1. FINDINGS: Ohio Gambling Survey
2. Statewide & Comparison Charts
3. What does Gambling Addiction Look Like: Consequences & Symptoms
4. How do people get help?



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2

## What's Gambling?

- Gambling is risking something of value on an event that is determined mostly by chance.
- A person is gambling if he or she puts up something of value, such as money or property.
- The outcome has an element of chance beyond the person's control.
- Once the bet is made, it's not reversible.

## What Are the Costs?

- Productivity/Job Loss
- Divorce
- Bankruptcy
- Foreclosure

## What Are the Costs?

- Check Fraud
- Identity Theft
- Money Laundering and Structuring
- Cheating
- Voluntary Exclusion Violation
- Human Trafficking
- Domestic Violence
- Child Abuse and Neglect
- Criminal Damaging and Vandalism
- Elder Abuse
- Assault
- Alcohol and Drug Issues
- Mental Health
- Illegal Gambling

## Gambling and the Military



8,000 slot machines on US bases worldwide. The US Government Accountability Office (GOA) concluded in a 2017 report that the Defense Department won \$538.9 million between 2011 and 2014 from US gambling machines.

## Gambling in Prisons

- “Hustle”
- Boredom
- Something of value
- Staff
- Violence
- STG involvement

## Who's at Risk

- Older adults
- Adolescents
- Males 18-34
- Veterans
- TBI/PTSD
- Trauma
- Medications for Parkinson's and Restless Leg Syndrome
- Language
- DD/Cognitive
- Chronic Pain
- Superstitious/Gamblers Fallacy
- Cognitive Distortions

## Magical Thinking

- Skill or “system”
- Luck
- Weather/Time/Location
- Machine is “due”
- Oxygen
- Numbers on tickets



## Treatment for Gambling Disorder

- Motivational Interviewing - empathy, self- efficacy
- Cognitive Behavioral Therapy - beliefs, fallacies
- Acceptance/Commitment, Mindfulness
- Brief Intervention
- Harm Reduction - Reducing life-damaging consequences

## Who's at Risk

About 9.2 million adults have co-occurring mental health and addiction disorders.

Substance Abuse and Mental Health Services Administration. (2012). Results from the 2010 National Survey on Drug Use and Health: Mental Health Findings NSDUH Series H-42, HHS Publication No. (SMA) 11-4667). Rockville, Md.: Substance Abuse and Mental Health Services Administration, 2012.



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11

## Who's at Risk: Suicide

- Among those with gambling problems:
  - 38% suicidal ideation (SI)
  - 32% suicide attempt
  - SI leads to more gambling when gambling
  - SI+ PG = 5x more likely to have depression
  - PG + Drug history = 6x more likely attempt
  - 21% of attempters say it is gambling related

*~Hodgins et al 2006*



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12

## Who's at Risk: Intimate Partner Violence

- Study of 300 women, consecutive ER admissions  
(Muehlemann et al, 2002)
- 26% categorized as experiencing IPV
- IPV 10x's as likely if partner was problem gambler
- IPV 6x's as likely if partner was problem drinker
- IPV 50x's as likely if partner was both



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13

## Ohio Adults' Gambling Prevalence

- Of the 8.98 million Ohioans 18 and older, an estimated 6.72 million (74.9%) gamble, and an estimated 2.25 million (25.1%) do not gamble.
- Of those who gamble, an estimated 5.81 M (86.3% of gamblers; 64.6% of adults) gamble, but do not have risk factors for at-risk/problem gambling.
- An estimated 919,162 Ohioans can be categorized as low-risk, moderate-risk, or problem gamblers; **10.3% of the general population, or 13.7% of gamblers.**
- The prevalence of problem gambling is 0.9% which equates to an estimated 76,379 individuals in the target population of 8.98 million.

No Problem		Low Risk	Moderate Risk	Problem	Total At-Risk/ Problem
Don't Gamble	Gamble				
25.1%	64.6%	6.4%	3.0%	<b>0.9%</b>	<b>10.3%</b>
2,256,346	5,805,227	571,106	271,677	76,379	<b>919,162</b>

14

# Prevalence of Gambling Nationally Compared to Ohio

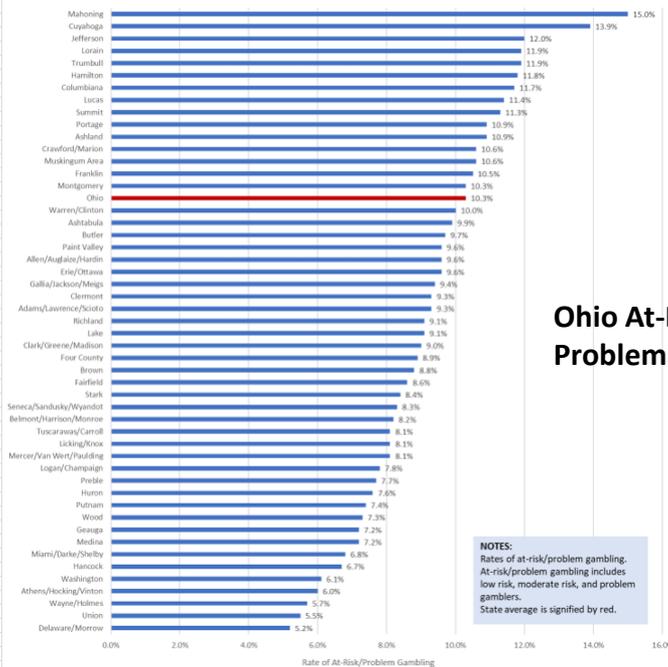
- National and state-to-state problem gambling prevalence studies show average rates of 2.2%.
- Ohio's gambling disorder rate is 0.9%
- Ohio's rate in 2012 was 0.4%



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At-Risk/Problem Gambling in Ohio

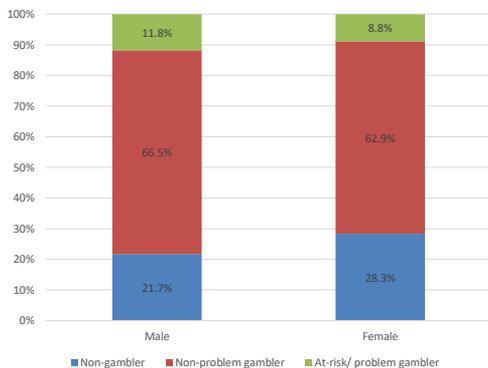


Ohio At-Risk/  
Problem Gambling

NOTES:  
Rates of at-risk/problem gambling.  
At-risk/problem gambling includes  
low risk, moderate risk, and problem  
gamblers.  
State average is signified by red.

## Gambling Behavior by Gender

Ohio Gender and Gambling Behavior



- Of the sample, 48.4% were male, and 51.6% were female\*.
- Overall, men had a higher rate of at-risk/problem gambling (11.8%) than women (8.8%).



\*Sample was weighted by gender, race, and age to closely reflect the population of each county.

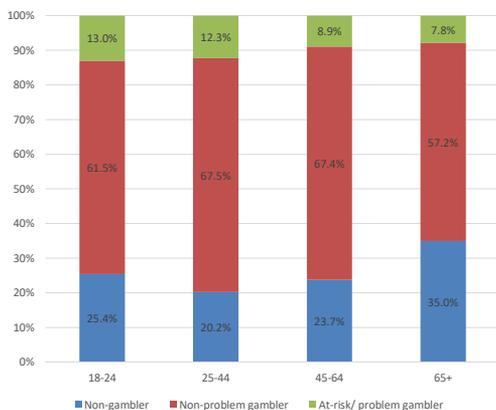
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17

## Gambling Behavior by Age

Age and Gambling Behavior: Ohio



- Age groups consisted of
  - 18-24 (12.1%)
  - 25-44 (32.1%)
  - 45-64 (35.2%)
  - 65+ (20.5%)\*
- Young adults (18-24) had the highest rate of at-risk/problem gambling, followed by adults 25-44.
- Older adults (65+) had the highest rate of abstaining from gambling.



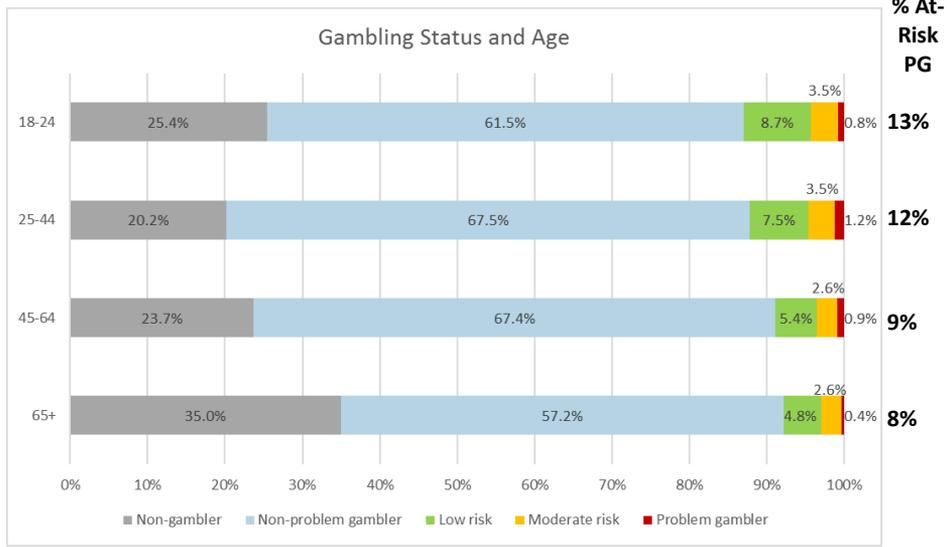
\*Sample was weighted by gender, race, and age to closely reflect the population of each county.

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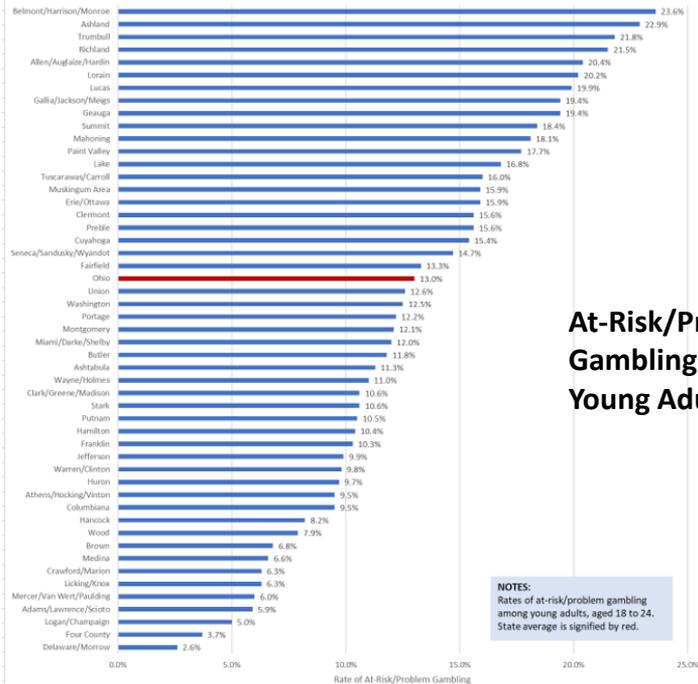
18

# Gambling Status by Age Group



19

**At-Risk/Problem Gambling Among Young Adults (18-24)**



**At-Risk/Problem Gambling among Young Adults**

**NOTES:**  
Rates of at-risk/problem gambling among young adults, aged 18 to 24. State average is signified by red.

20

## Ohio Healthy Youth Environments Survey

### Youth Ages 12-17 are Surveyed

During the past 12 months,...	2016-17*
1. how often did you gamble money or personal items...?	14.7%
2. have you ever hidden from family or friends any IOUs, money you've won or lost...?	1.7%
3. have you ever lied to people important to you about how much you gamble?	1.2%
4. have you ever gambled more than you planned?	4.0%
5. have you ever felt bad about the amount you bet or about what happens when you bet?	3.4%

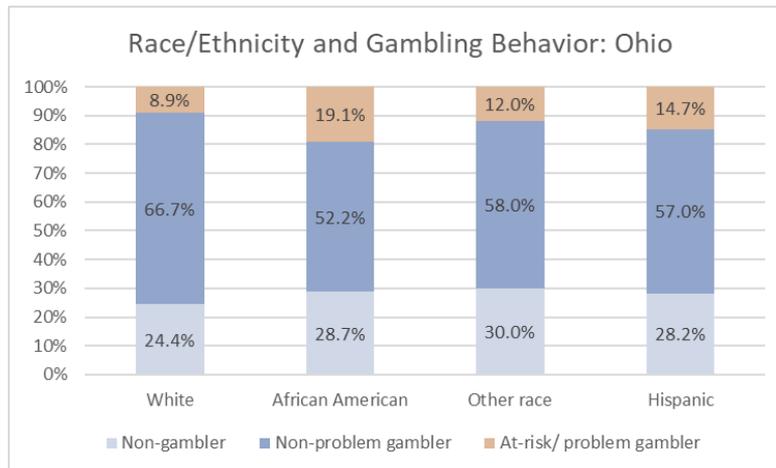
*\*Significantly higher percentages of males and even higher stats for youth who are Transgender/ Gender Nonconforming.*

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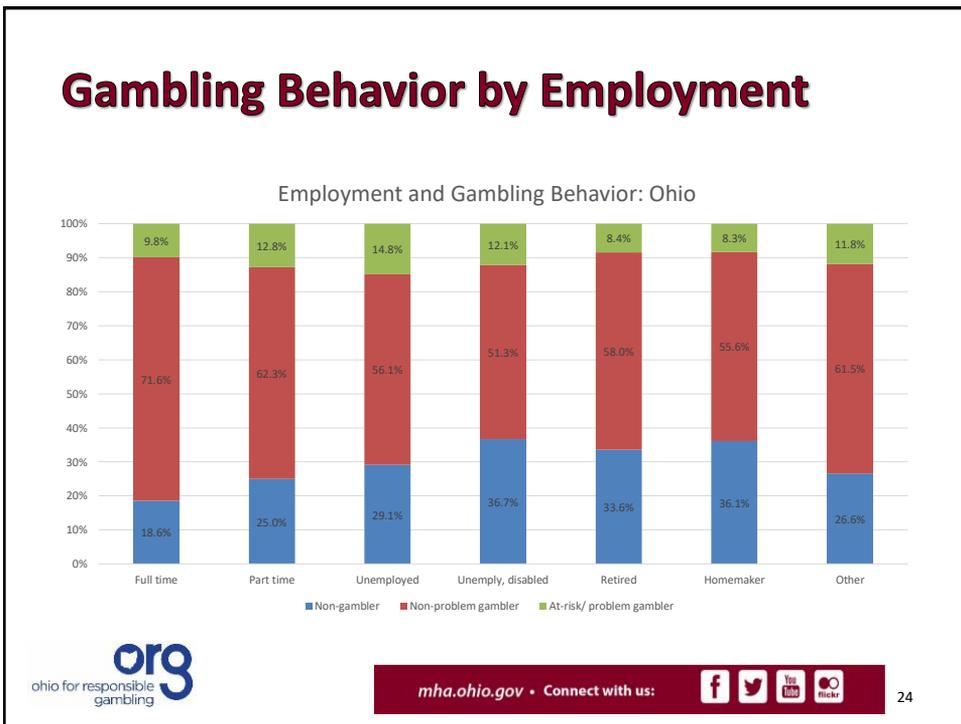
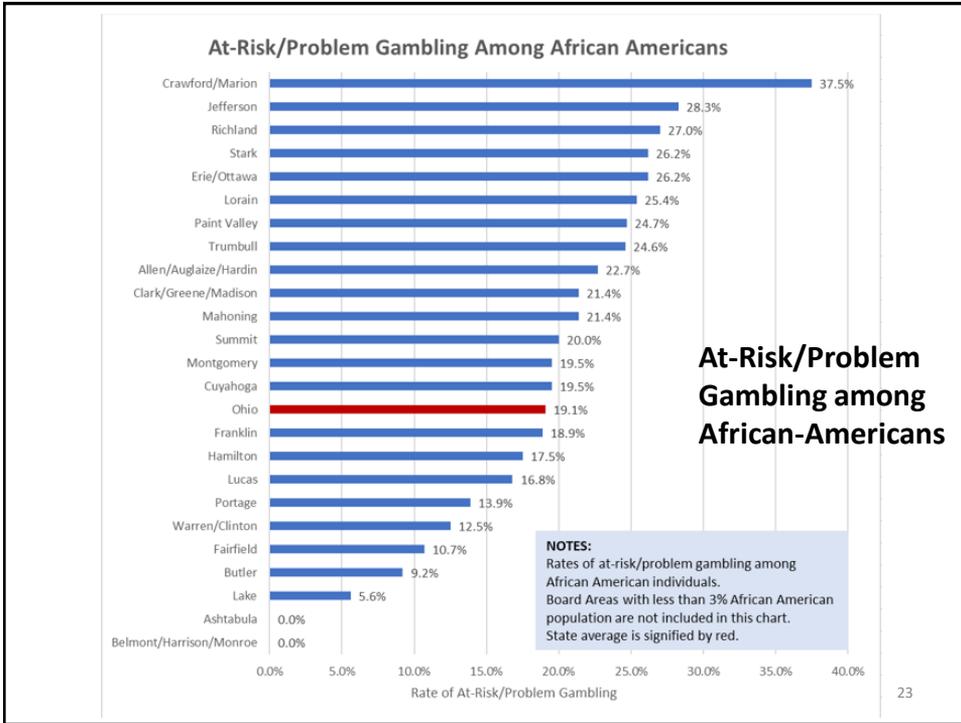
21

## Gambling Behavior by Race & Ethnicity



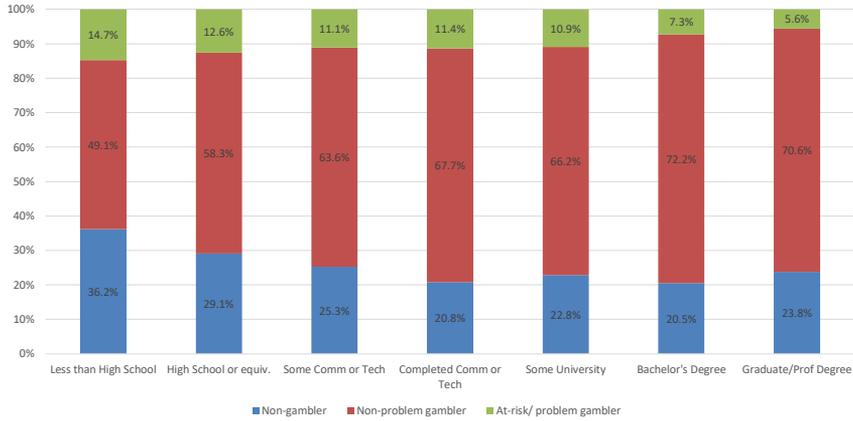
- “Other race” comprised Asian, American Indian and Alaska Native, Native Hawaiian and Pacific Islander, Other, and multi-race.
- African American and Hispanic ethnicity individuals had higher rates of at-risk/problem gambling than White and “Other race” individuals.

22



# Gambling Behavior by Education Level

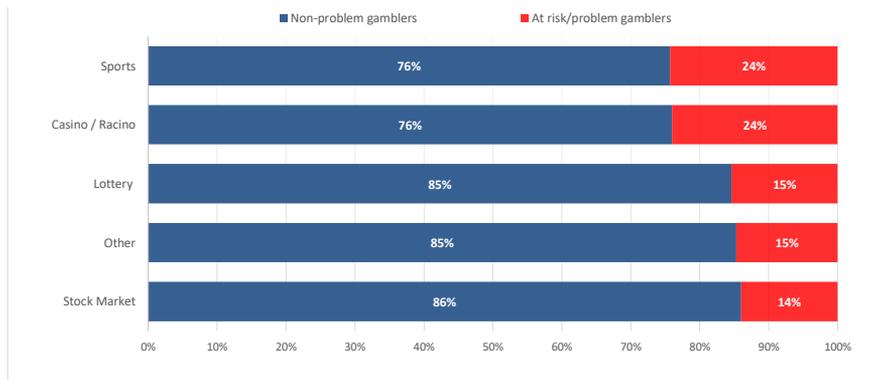
Level of Education and Gambling Behavior: Ohio



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# Gambling & Problem Gambling by Type of Gambling, 2016-17



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# Family History of Alcohol or Drug Problem

- At-risk/problem gamblers were the most likely group to have someone else in their family with an alcohol or drug use problem.

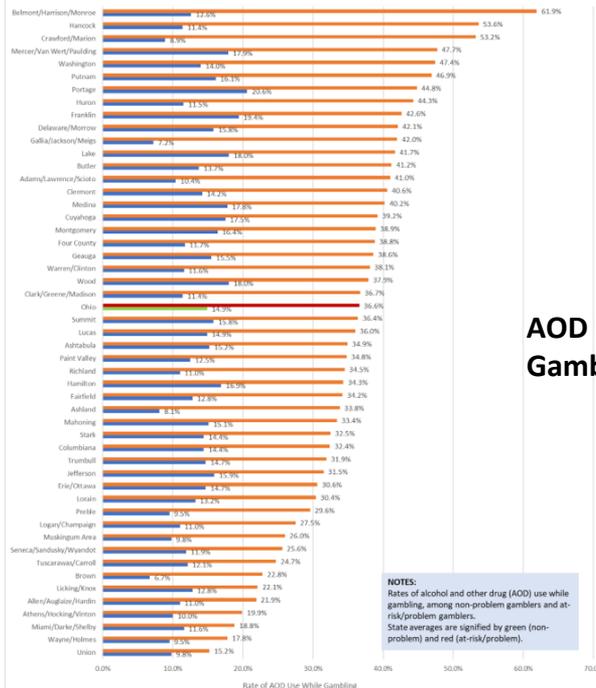
STATEWIDE	Has anyone in your family EVER had an alcohol or drug problem?	
Gambling Status	Yes	No
Non-Gambler	27.6%	72.4%
Non-Problem Gambler	34.8%	65.2%
At-Risk/Problem Gambler	<b>47.6%</b>	52.4%



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AOD Use While Gambling: Comparison



## AOD Use While Gambling

NOTES:  
Rates of alcohol and other drug (AOD) use while gambling, among non-problem gamblers and at-risk/problem gamblers.  
State averages are signified by green (non-problem) and red (at-risk/problem).

## Serious Depression

- At-risk/problem gamblers were the group most likely to report being seriously depressed.

STATEWIDE	In the past 12 months, have you felt seriously depressed?	
	Yes	No
Non-Gambler	15.0%	85.0%
Non-Problem Gambler	14.2%	85.8%
At-Risk/Problem Gambler	<b>26.1%</b>	73.9%

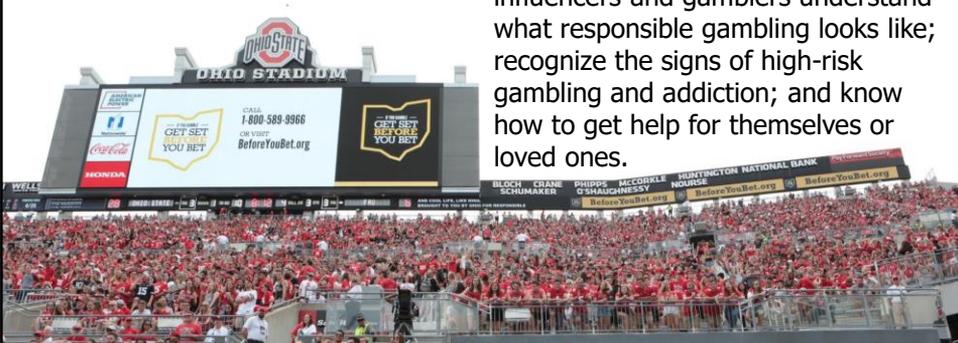


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29

## CAMPAIGN GOAL



To create awareness of problem gambling across communities, so that influencers and gamblers understand what responsible gambling looks like; recognize the signs of high-risk gambling and addiction; and know how to get help for themselves or loved ones.

## HOW?

- Uses social norming science
- Developed as a public health campaign
- Targeted toward "influencers"
- Offers a "take the quiz" assessment



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30

## What's Next? Sports Gambling!

- Online Sports Betting
- NFL, NCAAF, NBA, NCAAB, Soccer, NHL, MMA, Boxing, MLB, Golf, Tennis, CFL, Motor Racing, Horses, Politics, Rugby, etc.

**BETTING TRENDS**

**NFL TRENDS**

**VIKINGS MINNESOTA** vs **LOS ANGELES RAMS** (9-27-18 8:20 PM)

Vikings: +230 (37%), 6.5 (even) (41%), 0 49.0 (-115) (63%)  
 Rams: -280 (63%), -6.5 (-120) (59%), U 49.0 (-105) (37%)

DATE	TEAMS	MONEY	SIDE	TOTAL	
9-27-18 8:20 PM	Minnesota Vikings Los Angeles Rams	+230 -280	6.5 (-120) -6.5 (-120)	0 49.0 (-115) U 49.0 (-105)	<a href="#">VIEW MATCH</a>
9-30-18 1:00 PM	Miami Dolphins New England Patriots	+230 -280	7.0 (-105) -7.0 (-105)	0 47.5 U 47.5	<a href="#">VIEW MATCH</a>
9-30-18 1:00 PM	Houston Texans Indianapolis Colts	even -120	1.5 -1.5	0 47.0 U 47.0	<a href="#">VIEW MATCH</a>
9-30-18 1:00 PM	Cincinnati Bengals Atlanta Falcons	+185 -220	5.0 (-105) -5.0 (-105)	0 51.5 (-115) U 51.5 (-105)	<a href="#">VIEW MATCH</a>

## ALWAYS LOOK FOR A HOOK:

From  
NBC News  
May 31, 2018

Gambling  
growth  
in U.K.

And Wayne Shaw, a 280-pound substitute goalkeeper for part-timers Sutton United, became a cult figure during a game against Premier League club Arsenal when he was caught on camera eating pie – an incident that became known as "Piegate."



— Sutton United player Wayne Shaw eats a pie during a match against Arsenal on Feb. 20, 2017. Andrew Couldridge / Reuters file

However, the gambling brand Sun Bets had sponsored Sutton for the game, and offered its customers a novelty bet on whether or not Shaw would eat pie during the game.

## Want to Learn More: Training Opportunities

- [www.ebasedacademy.org](http://www.ebasedacademy.org)
- [www.reces.org](http://www.reces.org)
- [www.preventionactionalliance.org](http://www.preventionactionalliance.org)
- [www.pgnohio.org](http://www.pgnohio.org)
- [www.ncpgambling.org](http://www.ncpgambling.org)
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33

## Getting Help

**1-800-589-9966**

### Ohio Problem Gambling Helpline

- 24/7/365; chat from 8-5 daily
- Printed on lottery tickets, all casino marketing
- Tagged on radio/tv spots
- Continuously updated resource guide – [www.gamblinghelpohio.org](http://www.gamblinghelpohio.org)
- [www.beforeyoubet.org](http://www.beforeyoubet.org) – Take the Quiz!
- [www.org.ohio.gov](http://www.org.ohio.gov)



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34

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 BEFORE  
 YOU BET**

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35

*Promoting wellness and recovery*

John R. Kasich, Governor  
 Tracy J. Plouck, Director

# Questions?

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