# **EVALUATION BOOTCAMP:**

## PREPARING YOUR TREATMENT COURT FOR INTERNAL AND EXTERNAL EVALUATION



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## OVERVIEW







How does the suggestion that you collect data and evaluate your program (on top of everything else you do) make you feel?



### STANDARD X: MONITORING AND EVALUATION

https://www.nadcp.org/standards/adult-drug-courtbest-practice-standards/

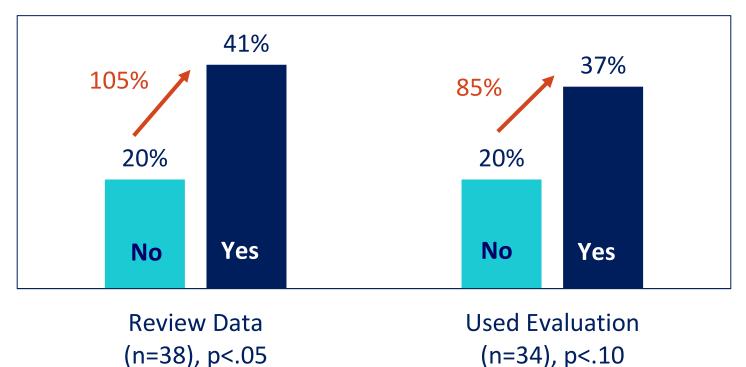
- In-program outcomes
- Criminal recidivism
- Independent evaluation
- Historically disadvantaged groups
- Electronic database

- Timely and reliable data entry
- Intent-to-treat analyses
- Comparison groups
- Time at risk



## WHY DO WE CARE?

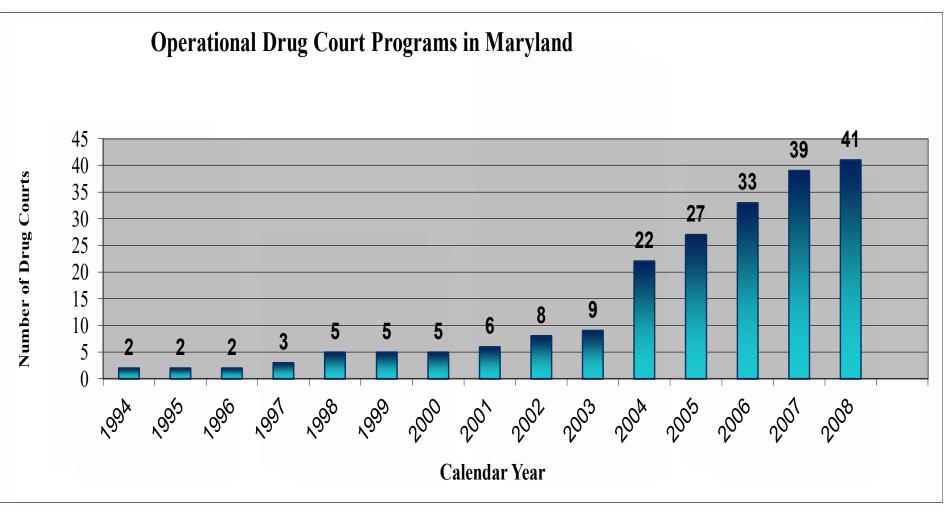
#### **REDUCTIONS IN RECIDIVISM**



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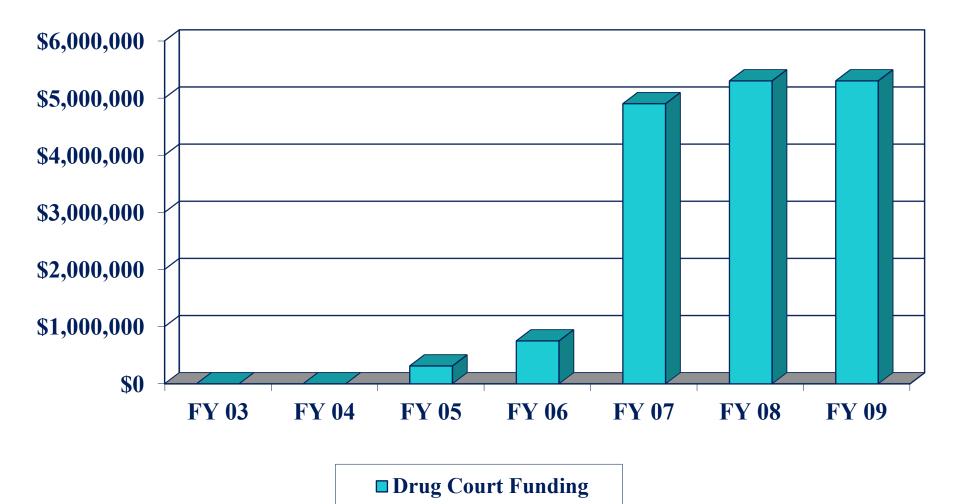


# HISTORY OF DRUG COURTS IN MARYLAND





# HISTORY OF DRUG COURT FUNDING IN MARYLAND





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## **Poll** - WHAT DATA SYSTEM DO YOU HAVE TO TRACK YOUR PARTICIPANTS?

- a) Statewide web-based system
- b) Individual court online system
- Access or other non-webbased database (resides on your individual computer)
- d) Spreadsheet(s) (Excel) on a computer
- e) Paper records



# WHY DO WE COLLECT DATA?

**Three Main Reasons** 



## WHY DO WE COLLECT DATA?

So we can track what our participants are doing, and respond appropriately to their behavior

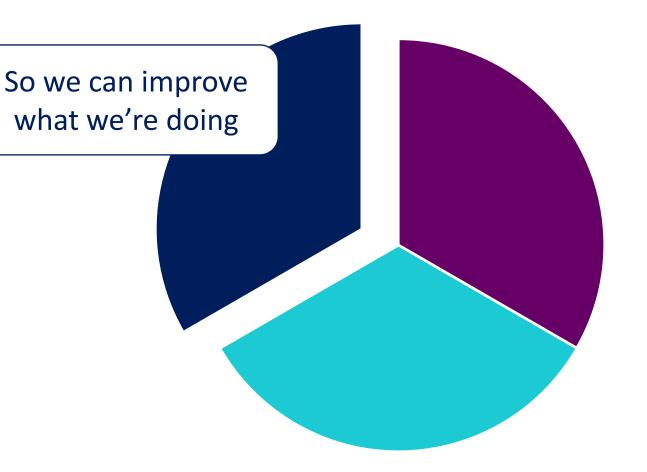


## WHY DO WE COLLECT DATA?

So we can see if what we're doing is working



## WHY DO WE COLLECT DATA?







# GOOD NEWS!

The data you need to <u>track</u> <u>participant progress</u> is the same data you need to find out if <u>what you are doing</u> <u>is working</u> and the same data you need to find out <u>how to</u> <u>improve your performance</u>

> And it's all data you need to be ready for outside evaluation!



# WHAT DO WE COLLECT?

What <u>you</u> are doing (and any changes)

What participants are doing



# FIRST: TRACK WHAT YOU'RE DOING

- Write up your policies and procedures in a manual and keep it up to date.
- Track major policy and practice changes (<u>Write them down</u>)
  - Key data: Include <u>dates</u> for when you made those changes



- The dates allow you to know which participants experienced those new practices and policies based on their program entry date
- Look at outcomes for participants before those changes were made and after, and see which group did better

# *Poll* TRACK WHAT **YOU'RE** DOING

#### What changes have occurred, or have you made, in the last year or two?

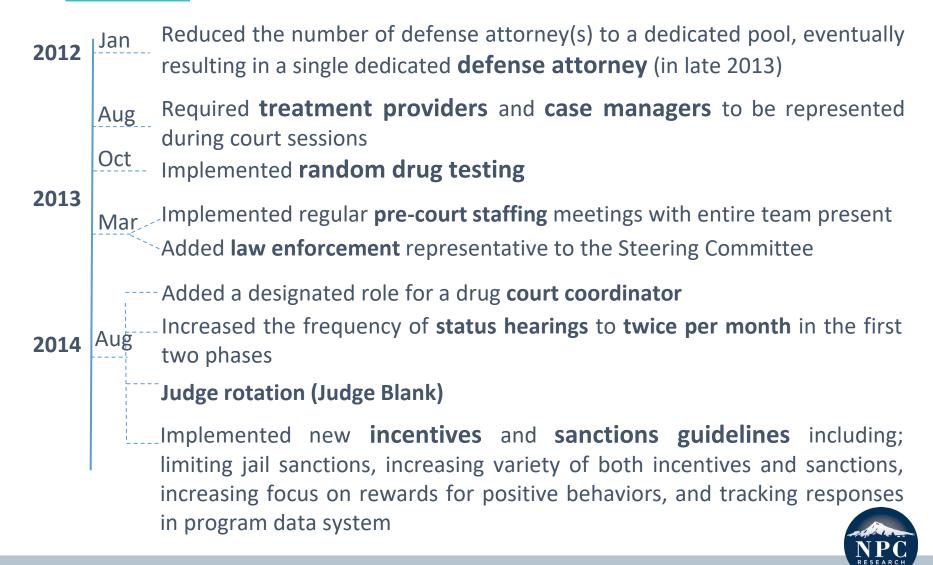
a) New Judge



- b) New team member (non-judge)
- c) Moved to virtual court hearings
- d) Moved to virtual staffings
- e) Changed responses to participant behavior (e.g., new incentives or sanctions)
- f) Change in participant requirements



# SAMPLE TIMELINE OF CHANGES IN POLICY AND PRACTICE



# LOOK AT YOUR PROGRAM OPERATIONS. ARE YOU FOLLOWING BEST PRACTICES?

- Review the best practice standards and compare what you're doing to the standards
- Take a best practice assessment NDCI offers an online self-assessment for free (the "BeST")

https://www.ndci.org/best-assessment/

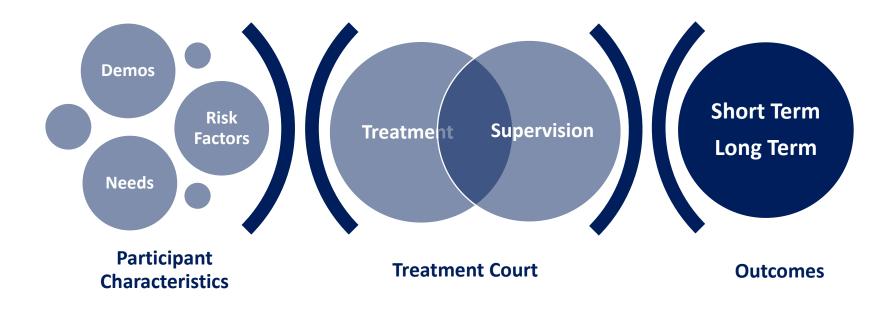


## NEXT: COLLECT WHAT YOUR PARTICIPANTS ARE DOING

- Information about the activities you require of participants (many of these are what YOU are doing)
- Participant attendance at those activities



# Data Collection and Program Flow





## TYPICAL ACTIVITIES TO TRACK

Identifiers (Activities must be connected to people)

- Court Hearings
- Drug Tests
- Incentives
- Sanctions
- Treatment
- Case management
- Supervision
- Peer Support
- What else do you do?



# SPECIFIC DATA ELEMENTS TO COLLECT

Individual Level (for each participant)



WHO ARE YOUR PARTICIPANTS? Collect Identifiers and Demographics

#### Name and other identifiers:

- o SSN
- Drivers license number
- Court case numbers

- Demographics
   DOB
  - Race
  - o Gender

#### Why collect this data?

- To link with other administrative data
- To assess equity and disparities



# WHO ARE YOUR PARTICIPANTS? Collect Assessments and Characteristics

- Referral Information
- Risk and Need Assessments (dates and results)
- Trauma Assessments
- Health and Pain
  - Assessments

#### Other characteristics at entry

- Family/Children
- Employment status
- o Income
- Housing status
- Child custody/visitation
- Marital status
- Other social indicators

#### Why collect this data?

- Use to justify grant funding to support improvements
- Understand needs for support as well as participant strengths and "recovery capital" (Match services to needs. Assessment leads to action.)



## SOCIAL INDICATORS OVER TIME

#### Sample indicators

- Employment status
- $\circ$  Income
- Housing status
- Child custody/visitation
- Marital status
- Other social indicators

Collected at multiple timepoints:

- At program entry
- During program
- At program exit

# Why collect this?

Simple way to
measure whether
participant
outcomes have
improved over the
course of your
program

## Why collect this?

#### Measure

- Attendance patterns in individuals.
- Does consistent

   attendance, or number
   of appearances per
   month, relate to
   graduation status or
   recidivism?
- Does attendance vary based on presiding judge?

# COURT HEARINGS

#### Necessary Information:

- Dates of Hearings
- Virtual/In-Person
- Attendance
- Other Descriptors:
  - Judge presiding
  - o Phase promotion
  - Incentives/Sanctions



# DRUG TESTS

Necessary Information:

- Dates of EACH Drug Test
- Drug Test Type:
  - UA, EtG, PBT, oral swab, bracelet, patch, hair, blood, ignition interlock, etc.
- Observation Method
- Substances Tested
- Results of Drug Tests:
  - Negative
  - Positive (including refused, diluted, or no-show)

## Why collect this?

#### Measure

- % of positive drug tests
- # or % of missed drug tests
- common drugs used
- Whether outcomes (grad status, recidivism) are related to frequency of drug testing and type of drug testing



### Why collect this?

Track what you have used before for each participant and whether it was effective Measure whether certain incentives or sanctions (or the number of incentives) are related to higher grad rates or lower recidivism

# INCENTIVES AND SANCTIONS

Necessary Information:

Behavior

- o 100% attendance, Missed UA
- Dates of Responses
- Response
  - Gift card, Writing assignment
- Response Type
  - Incentive, Sanction, Therapeutic,
     Supervision Adjustment
- Duration (if applicable)
  - Jail Days (Entry/Exit Dates or # of Days), Community Service Hours





# **Poll** INCENTIVES AND SANCTIONS

What types of incentives are the most well received by participants in your court?

- a) Verbal Praise
- b) Gift Cards
- c) Raffle entries
- d) Certificates
- e) Passes to leave court early
- f) Being called first at the court review
- g) Fishbowl
- h) A Team



# TREATMENT

#### Necessary Information:

- Dates of Treatment Sessions (or Episode Start & End Dates)
- Virtual/In-Person
- Duration of Treatment
  - Could be days for inpatient/residential
  - Could be hours for outpatient appointments
- Type or modality
- Completion/Discharge
   Status
- Agency Providing Treatment



# Why collect this?

Measure

- whether they are getting the treatment that matches their assessment results or documented in their case plan
- whether treatment
  frequency or type of
  treatment is related
  to higher graduation
  rates

# TREATMENT

#### Treatment Modalities:

- Inpatient/Residential
- Detox
- Transitional
- Individual Outpatient
- Group Outpatient
- Medication Assisted Therapy (MAT)
- Assessment, Case
  - **Management Activities**



## PROGRAM STATUS

#### Necessary Information:

- Entry Date
- Phase Start Dates (for each phase)
- Exit Date
- Status at Exit
  - $\circ$  Graduated
  - Unsuccessful (revoked, discharged, etc.)
  - Transferred

## Why collect this?

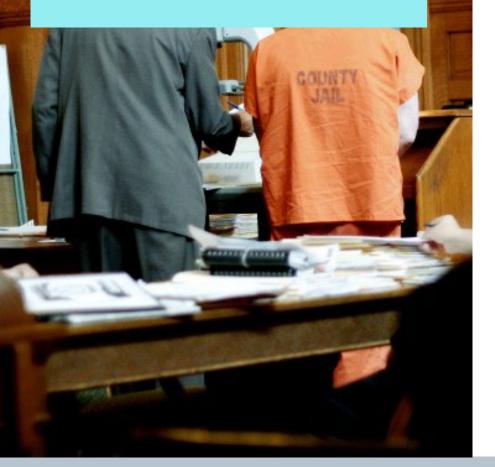
#### Measure

- length of stay
- Length of time in each phase
- Graduation rates
- Whether participants drop out more frequently in a particular phase



## Why collect this?

#### Measure • recidivism



# RECIDIVISM

#### New Arrests and Charges:

- Dates of arrest, case filings, or convictions
- Charge type/description
- Felony/Misdemeanor



## Why collect this?

#### Measure

- Whether services received match the plan
- Whether specific services are related better outcomes
- Whether participants do better in a virtual environment or in person

# OTHER ACTIVITIES

Peer support activities, case management, supervision *Necessary Information:* 

- Dates of activity
- Type of activity
- Attendance
- Virtual/In-Person





# **Poll** OTHER ACTIVITIES

What types of peer support do you have available for your participants?

- a) Community recovery meetings (e.g., NA, Smart Recovery)
- b) Peer mentor/Peer support specialist
- c) Sober group activities in the community (e.g., bowling, fishing)
- d) Alumni group
- e) Other activities



SO, WHAT DO WE DO WITH THIS DATA?

HOW DO WE USE OUR DATA TO FIND OUT IF WHAT WE'RE DOING IS WORKING?

HOW DO WE USE OUR DATA TO IMPROVE?

Participant & Program Performance Measures



#### SHORT-TERM PROGRESS INDICATORS (WEEKS) - **EXAMPLES**

For <u>program</u> performance or <u>individual</u> participant progress :

#### **Program Progress**

- What is the average length of time from eligible incident to referral? From referral to entry? From entry to exit?
- What is the average number of case management and treatment appointments attended by each participant?
  - Do the numbers match program expectations?
- What percentage of participants missed case manager (CM) appointments <u>this month</u>? (or other specified time period)
- What percentage of participants missed treatment <u>this week</u>?
  - Are these number different for different CM's or tx providers?



# SHORT-TERM PROGRESS INDICATORS (WEEKS) - **EXAMPLES**

For <u>program</u> performance or <u>individual</u> participant progress :

#### **Individual participant progress** – specify time periods

- How many treatment sessions were attended each week? Does this match the number they should be attending based on assigned level of care?
- What is the average number of treatment, CM or peer support meetings that have been missed?
- What is the percent of positive drug tests? What is the percent of negative drug tests? Has that decreased or increased from month to month?



#### MID-LONG TERM PROGRAM PERFORMANCE INDICATORS (MONTHS - YEARS) - **EXAMPLES**

#### Mostly program performance:

#### During the program and/or at entry and exit:

- What percent of participants have safe and sober housing?
- What percent of participants are employed or in school?
- What is your participant graduation/commencement rate?
- What percent of participants drop out/are terminated in each phase? (Is there a phase when the most participants tend to drop out?)
- Do average risk and need scores decrease over time?
- What percent of participants are engaged with a peer mentor? Are those participants more likely to graduate?



#### MID-LONG TERM PROGRAM PERFORMANCE INDICATORS (MONTHS - YEARS)-**EXAMPLES**

#### During and after program exit:

#### **Criminal Justice Data**

• What percent of participants get rearrested during the program? In the first year after exit?

#### Participant follow up surveys

- What percent of participants report staying sober
- What percent of participants continue to engage in community support after exit

Note: It would be nice to look at health and family outcomes, but it is difficult to access that data



# **Poll** FOLLOW-UP

What outreach and/or ongoing support do you provide after program exit?

- a) Participants can continue to access treatment services after exit
- b) We perform follow-up interviews or surveys *after* exit
- c) Sober community activities (e.g., bowling, fishing)
- d) Alumni group
- e) Ongoing one on one peer support or peer mentor
- f) Peer support groups





# HOW DO WE CALCULATE THE ANSWERS TO THESE QUESTIONS FROM THE DATA?



# STRATEGIES FOR DATA ANALYSIS

- If you have a case management system, it may calculate the numbers for you or
  - Ask your IT department or the database vendors to create automated reports with those indicators
  - If not, see if you can download the data into a spreadsheet
- If you don't have a database, you can use a spreadsheet, like Excel and calculate some basic statistics
  - Simple calculations (e.g., averages, sums)
  - Pivot Tables and Pivot Charts
  - Graphs
  - Dashboards (advanced)



# DASHBOARDS

Visual representation of program progress can help you more easily understand your progress
Generally, will update every time you add new data so you can stay up to speed on your programs trends

This is something that can be done in Excel if there is data you are collecting outside of your MIS (or for programs that don't have a MIS).

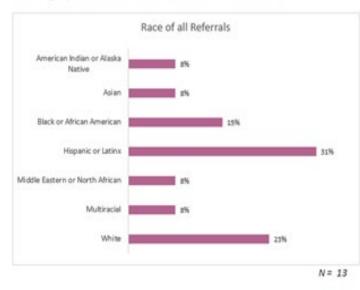


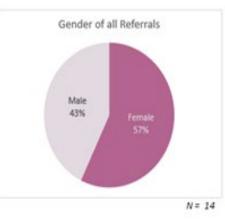
## DASHBOARD EXAMPLE – Graduation

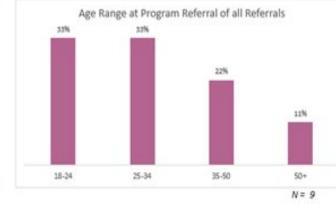


## DASHBOARD EXAMPLE – EQUITY

#### Demographics of all Participants and Referrals







Program Acceptance Rate by Race, Gender, Age



# Using Excel

	А	В	с	D	E			
1	Participant Name	DOB	Gender	<b>Referral Date</b>	Start Date			
2	Charlene Zil	1/1/1980	F	5/13/2010	5/18/2010			
3	Shannon Carey	2/2/1980	F	9/8/2011	9/13/2011			
4	Juliette Mackin	3/3/1980	F	12/14/2013	12/19/2013			
5	Chad Rodi	4/4/1980	М	4/9/2014	4/14/2014			
6								
-7								
	▲ ▶ Participant List Drug Tests Drop Down Lists							

# Analysis Tricks

Use the formula bar to calculate ages, referral time, and length in program

Example - Calculate days from referral to entry: =[Start Date]-[Referral Date]

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	В	с	D	Е	F	e
1	DOB	Gender	Referral Date	Start Date	<b>Referral Time</b>	
2	1/1/1980	F	5/13/2010	5/18/2010	5	
3	2/2/1980	F	9/8/2011	9/13/2011		
4	3/3/1980	F	12/14/2013	12/19/2013		
5	4/4/1980	М	4/9/2014	4/14/2014		

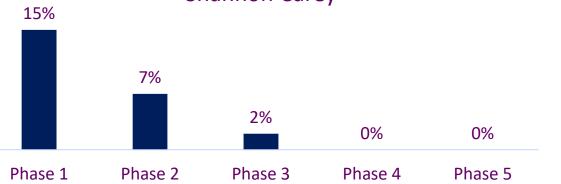


# HOW TO EXAMINE THE INDIVIDUAL PROGRESS INDICATORS OVER TIME

#### Employment

Label 1Court IDParticipant NameDOBGenderStart DateEmployment at EntryEmployment at Phase 2Employment at Phase 3Employment at Phase	Employment
2 ATC001 Charlene Zil 1/1/1980 F 5/13/2018 Unemployed Unemployed Full time	at Exit
	Full time
3 ATC002 Juliette Mackin 3/3/1980 F 8/24/2019 Part time Part time Part time	Full time
4 ATC003 Shannon Carey 2/2/1980 F 9/26/2019 Unemployed Part time Full time	Full time
5 ATC004 Chad Rodi 4/4/1980 M 1/15/2020 Unemployed Unemployed Unemployed U	Unemployed







# **Poll** Calculations

Do you currently use your own data to calculate any of the following??

- a) Graduation rates
- b) Retention rates
- c) Attendance rates at treatment meetings
- d) Rates of Missed Drug Tests
- e) Recidivism rates



### CALCULATING IN-PROGRAM PROGRESS INDICATORS OVER TIME

- Calculate the attendance rates (percent of events attended)
- Calculate the average number of events attended/missed during a specific time period (e.g., Phase 1, or Jan – June 2021)
- Compare the rates before and after policy changes

#### **Outpatient Treatment Attendance Rate**

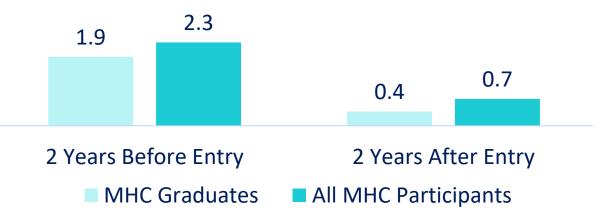




# CALCULATING OUTCOMES/IMPACT

- Calculate average number of rearrests per person, or recidivism rates (number of participants arrested out of the total number of participants)
- Look at recidivism rates in participants over time (e.g., before and after program entry)

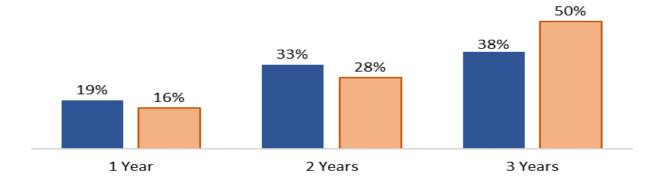
Average Number of Rearrests for Any Offense Before and After Program Entry





### CALCULATING PROGRAM EFFECTIVENESS OR IMPACT

- Compare recidivism rates over time to similar individuals who do not participate in the program (a comparison group)
   \*Need someone with some research expertise (internal or external evaluator)
  - Reentry Court
  - Comparison





# Resources & Funding

- Local funding
  - County grants
  - State grants
  - Legislature
- Federal funding
  - <u>BJA</u>
  - SAMHSA
  - OJJDP
  - NHTSA



# QUESTIONS?

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