

Star Behavioral Health Providers Network

Brei Miller, MBA, AT



**STAR BEHAVIORAL
HEALTH PROVIDERS®**

Collaborators



American
Red Cross



What is SBHP?

SBHP is a training, dissemination and referral system aimed at expanding access to trained behavioral health providers for service members, veterans and their families.

Collaborators



Star Behavioral Health Program Overview

Collaborators



American
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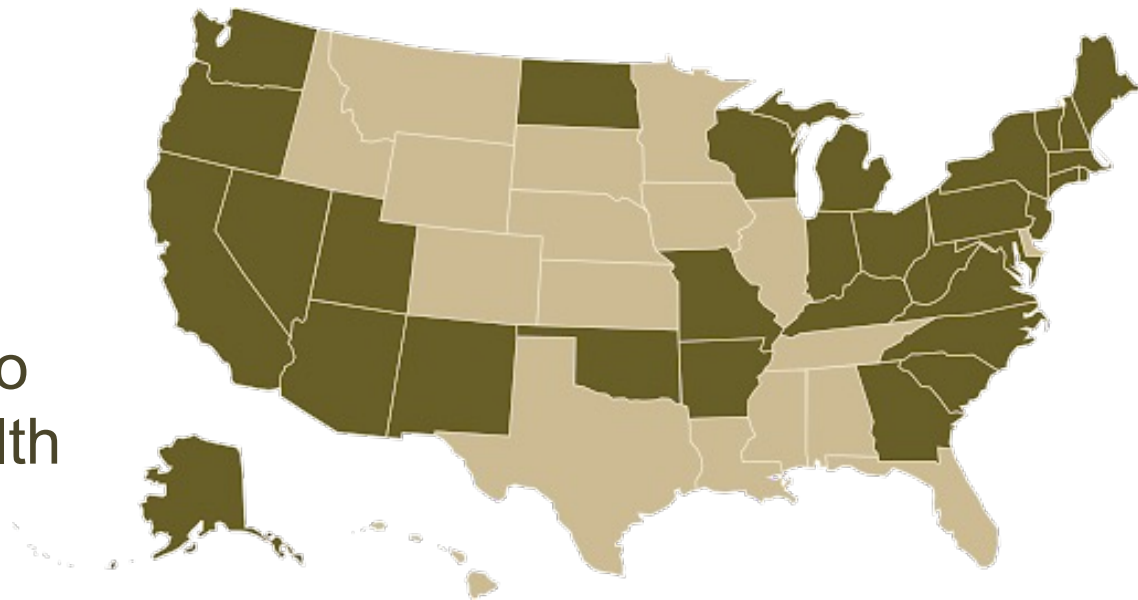


SBHP Objectives

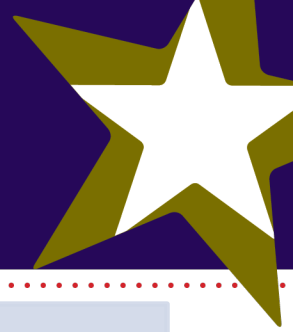
- Provider training and referral program developed in 2011
- Increases access of service members, veterans, and families to high quality mental health care
- Builds National Guard personnel and civilian provider relationships

SBHP States

(in green)



SBHP Activities



SBHP Goals



Train

Train civilian providers in military culture and evidence-based treatments

Create & Connect

Create a registry where military-connected clients in need of support can connect with SBHP-trained providers

Engage & Serve

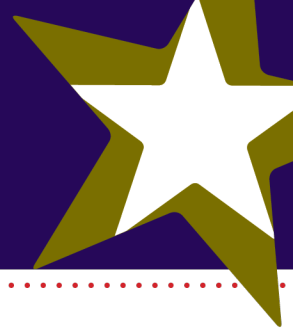
Monitor engagement and increase military-connected clients served by SBHP registry providers

Key Findings



- 7 of 13 Military Treatment Facilities did not meet standards of care for mental health care access.
- 53% of all Active Duty SMs and family members identified as needing behavioral health services did not receive care.
- This lack of care could not be explained by the Military Health System.

SBHP Findings from First Five Years

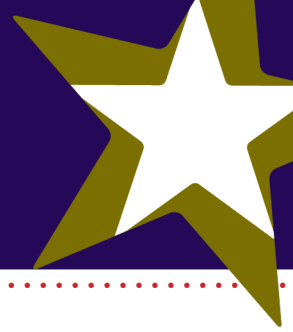


- Participant rating of overall training: 4.36/5.00
- 48% participant reported knowledge gain across all 3 Tiers
- 58% actual knowledge gain across all 3 Tiers
- 48% of eligible attendees joined the registry
- Expansion in the number of providers who joined Tricare or Military OneSource



- **THE PROGRAM**

Program Tiers



Tier Three

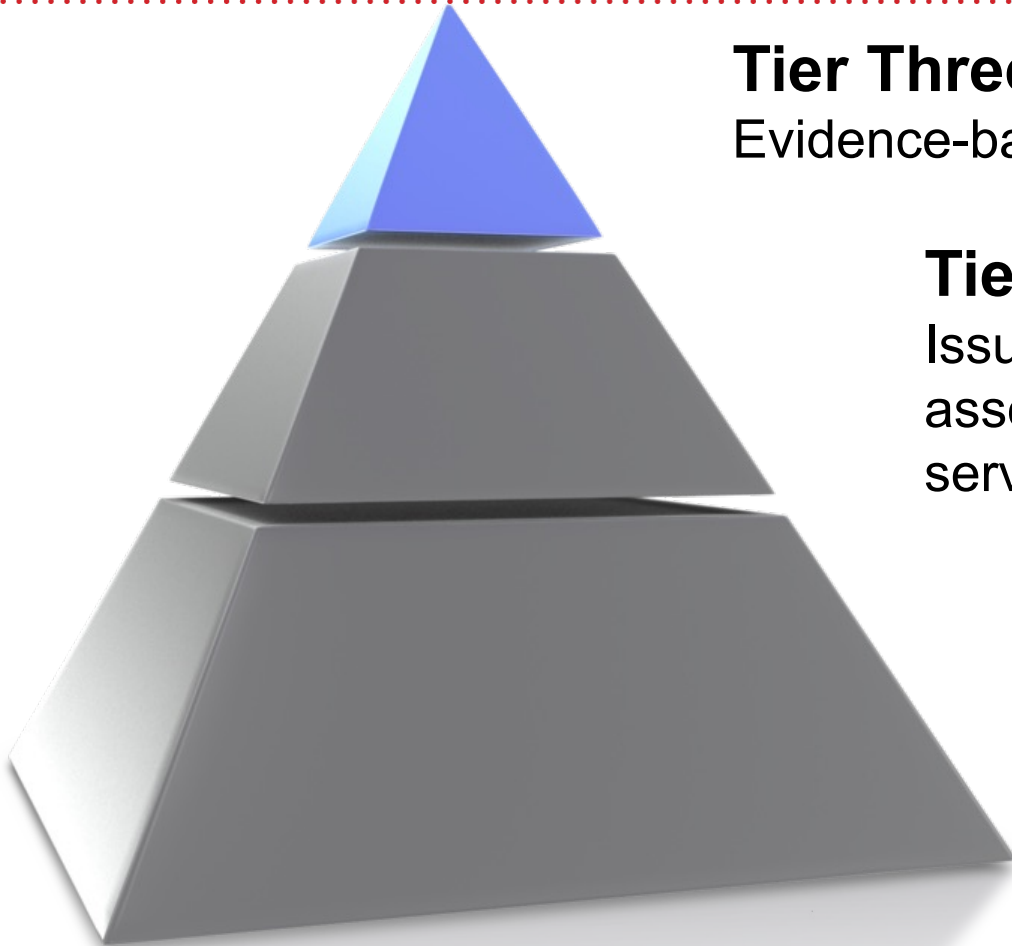
Evidence-based psychotherapies

Tier Two

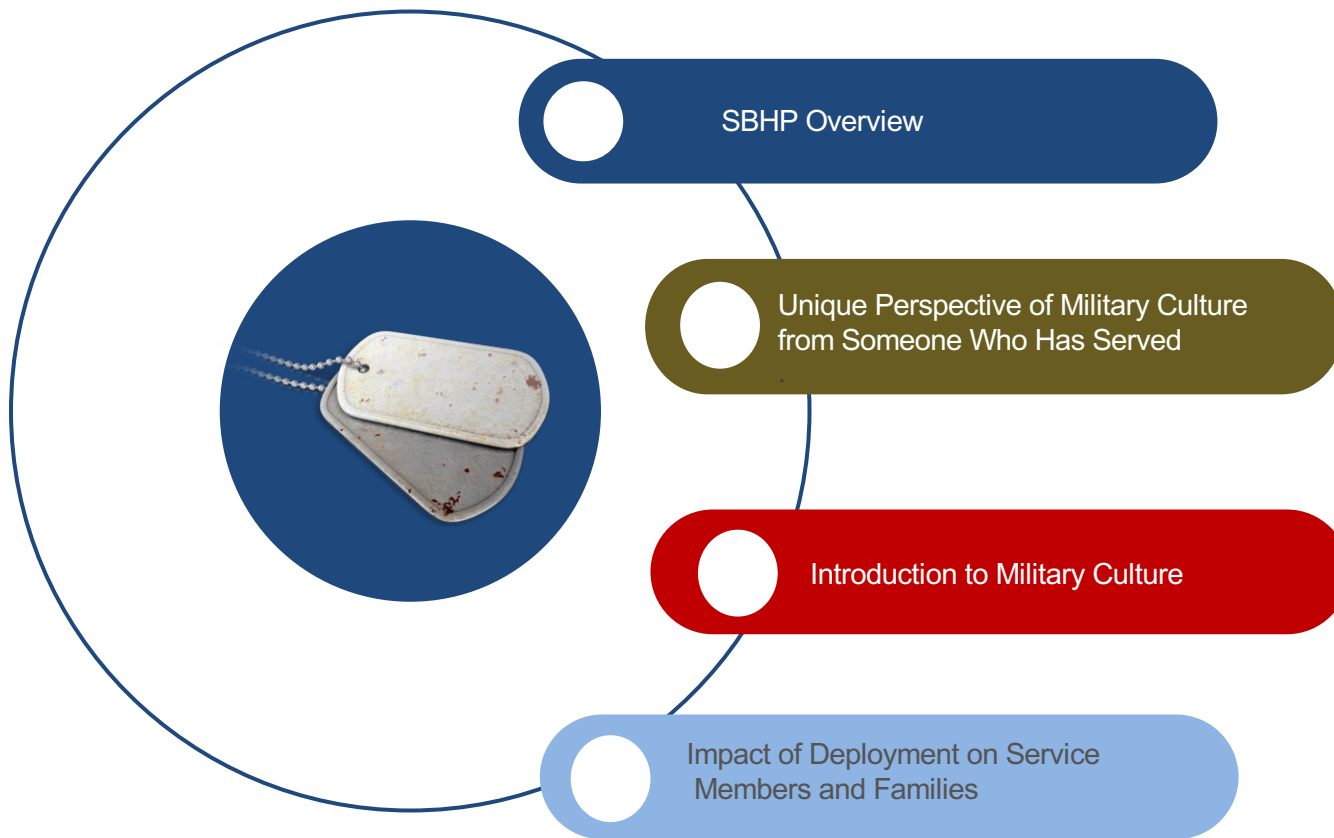
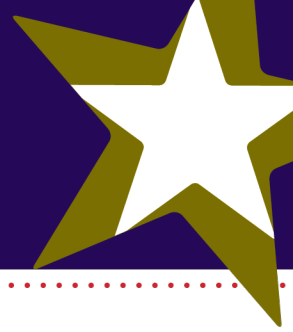
Issues that are commonly associated with military service

Tier One

Military culture & the deployment cycle



Tier One (1 day)



Training is open to professionals and community members interested in learning more about working with service members, veterans and their families.

Tier Two (two days)

Participants must have completed Tier One and be accepted into the registry to attend!



Tier Three (two days)

Participants must have completed both Tiers One and Two and be accepted into the registry to attend!

Skills-based training on evidence-based psychotherapies (EBPs) by topic:

- Cognitive Processing Therapy for PTSD
- Prolonged Exposure Therapy for PTSD
- Cognitive Behavioral Therapy for Insomnia
- Cognitive Behavioral Therapy for Depression
- Cognitive Behavioral Therapy for Suicide Prevention
- Acceptance & Commitment Therapy
- Cognitive Behavioral Therapy for Chronic Pain



No photographer named. <https://www.usa.gov/government-works>

Sustainment Trainings (2-4 hrs)

Participants must have completed both Tiers One and Two and be accepted into the registry to attend!

Tier S Trainings

- Address special topics on military-related behavioral health that are not covered in the tiered trainings



Examples

- Moral Injury
- Provider Sustainment & Self-Care
- Intimate Partner Violence
- Couples & the Deployment Cycle
- An Intervention for Treating Infidelity
- Circadian Rhythm Sleep-Wake Disorders

Creating The Program



In 2010, state, federal and university entities worked to create SBHP in Indiana.

Founded by

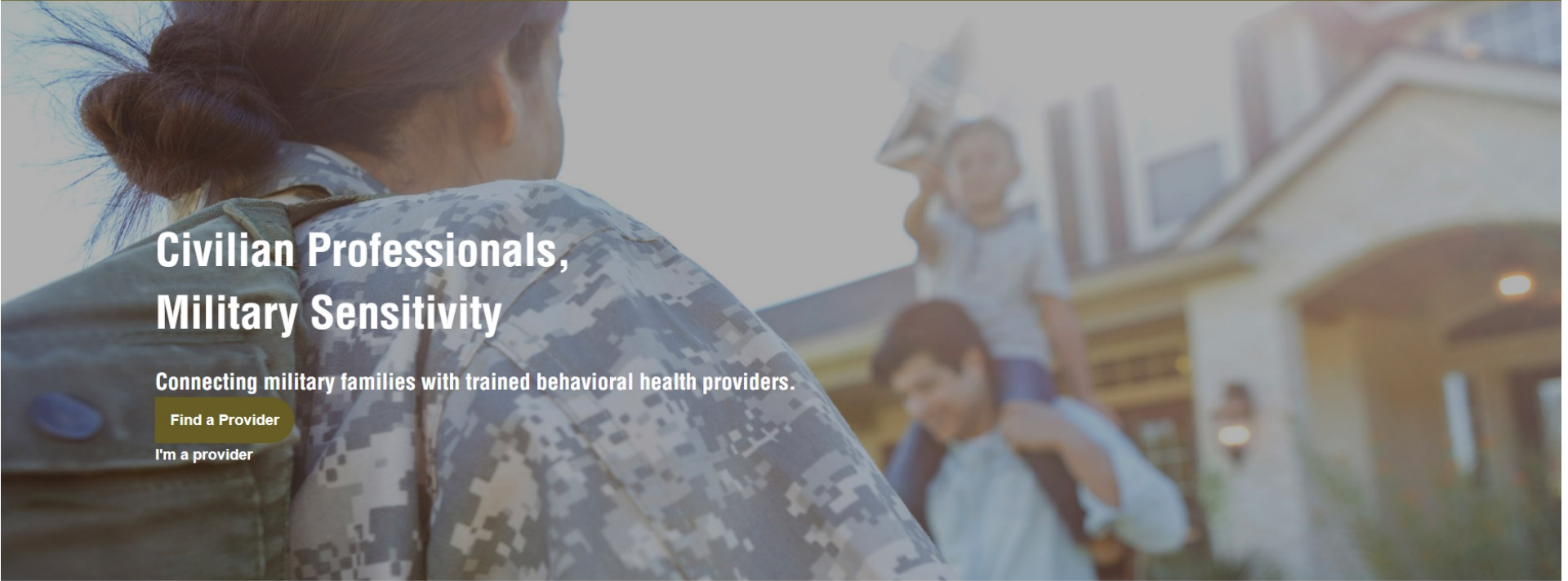
- Military Family Research Institute at Purdue University (MFRI)
- Center for Deployment Psychology (CDP)
- Indiana National Guard Psychological Health

With additional support of: Indiana Family and Social Services Administration

Ohio SBHP Collaborators



- Ohio National Guard
- Ohio Department of Veterans Services
- Ohio Mental Health and Addiction Services
- The Ohio State University - Ohio Brain Injury Program
- American Red Cross
- OhioCares
- Ohio Suicide Prevention Foundation



Civilian Professionals, Military Sensitivity

Connecting military families with trained behavioral health providers.

[Find a Provider](#)

[I'm a provider](#)

Registry

Collaborators



Registry Requirements

Accepting new Clients

Providers should have openings for referrals

Malpractice Insurance

Successfully completed a Tier One including evaluations

Interest

Should have an interest in working with military-connected population

Advanced Degree

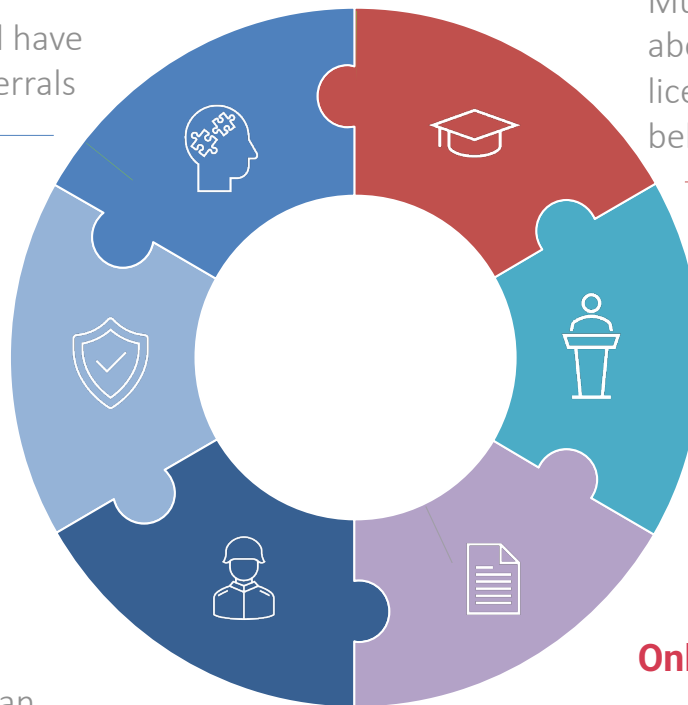
Must be master's or above prepared and licensed in a behavioral health field

Tier One

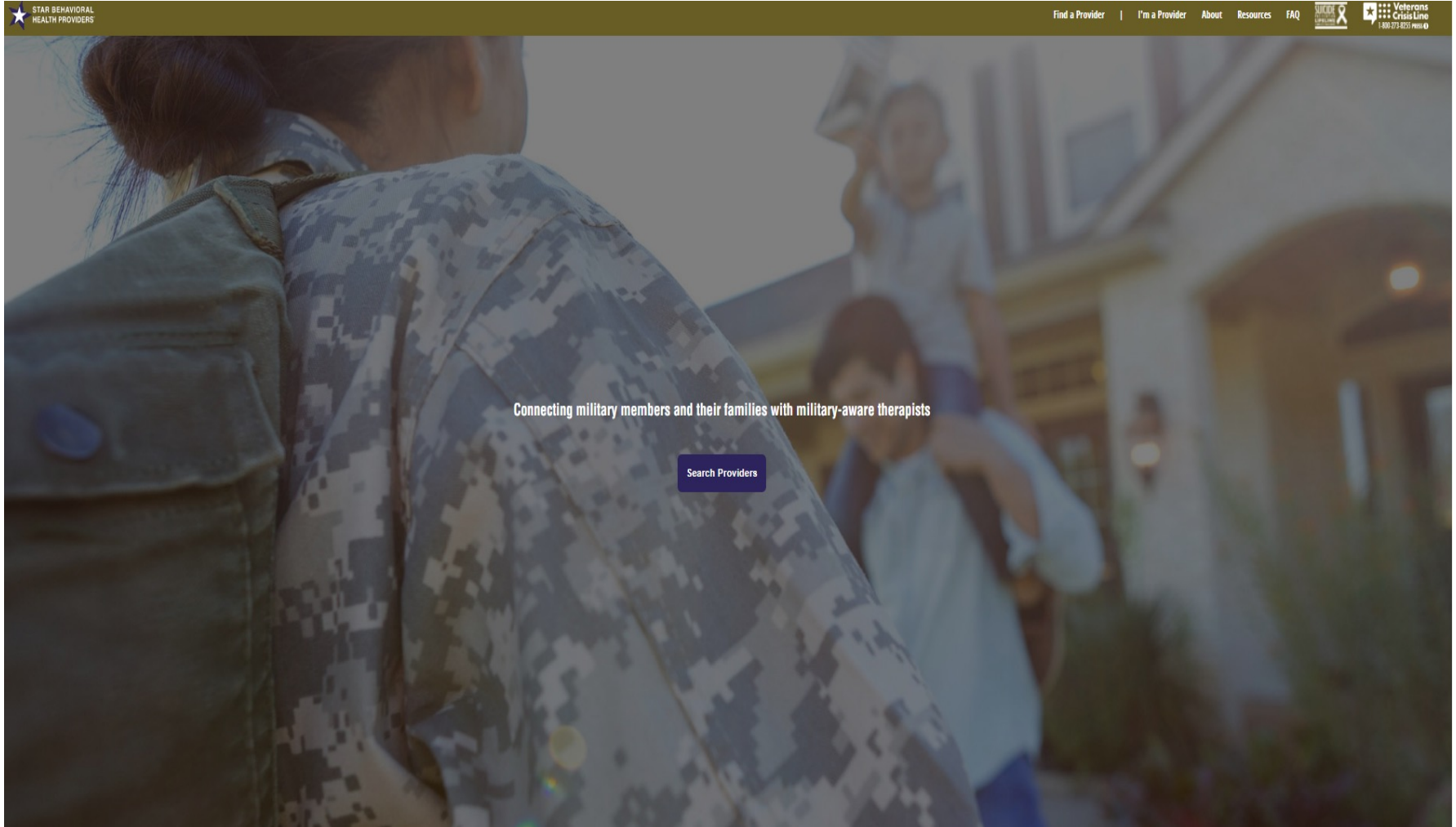
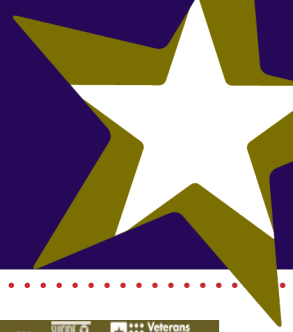
Successfully completed a Tier One including evaluations

Online Application

Must complete application and meet all requirements



Landing Page



STAR BEHAVIORAL
HEALTH PROVIDERS

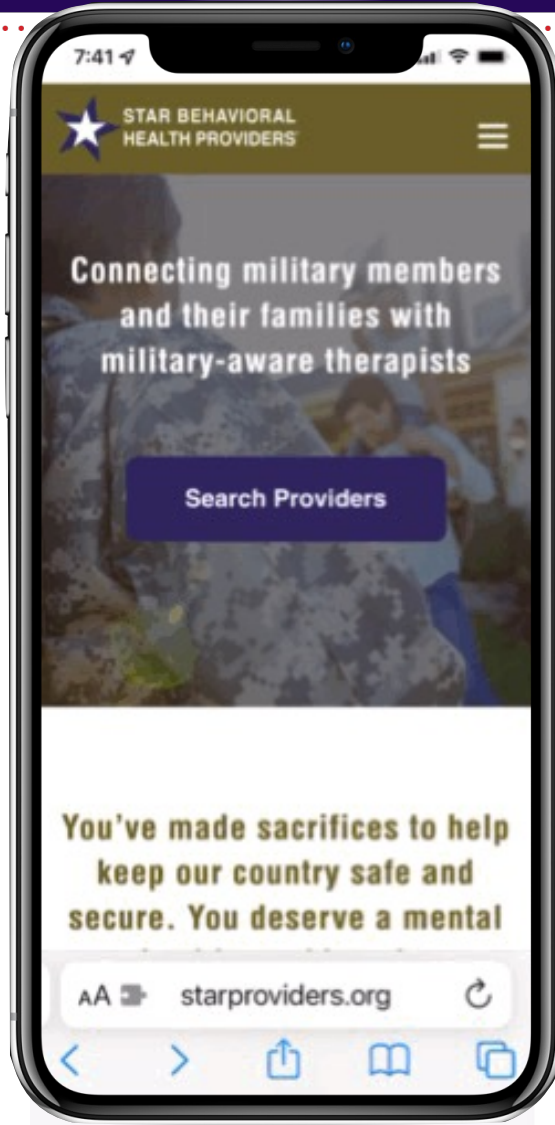
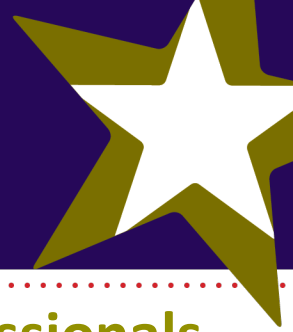
[Find a Provider](#) | [I'm a Provider](#) | [About](#) | [Resources](#) | [FAQ](#)

 **Veterans
Crisis Line**
1.800.273.8255

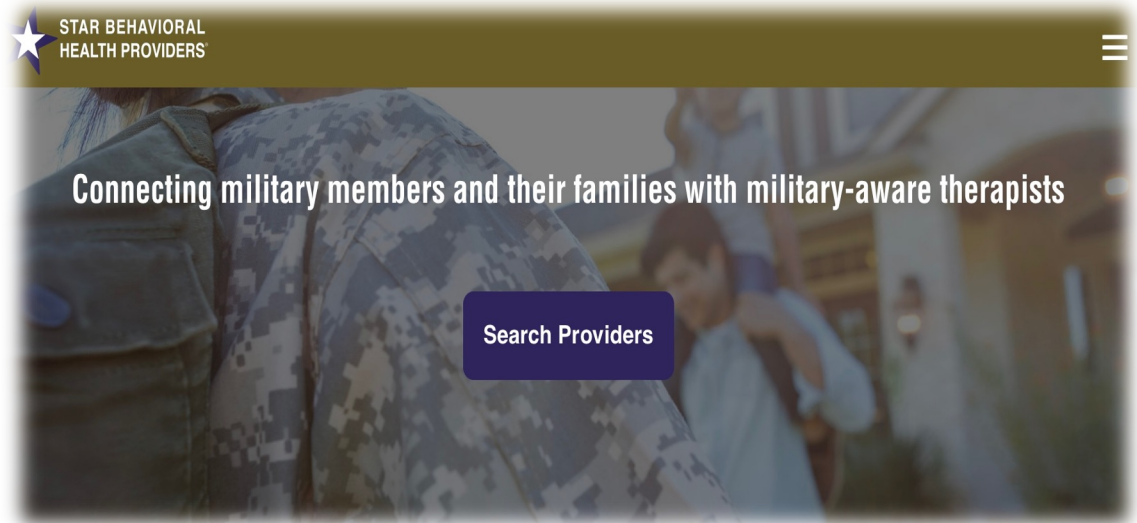
Connecting military members and their families with military-aware therapists

Search Providers

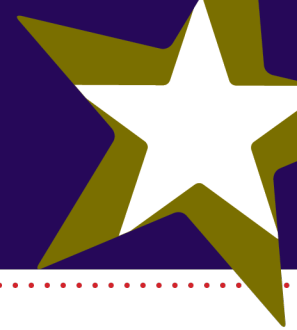
Finding Help Is Simple



Military-Connected Clients or Professionals Referring Them Can Go to the SBHP Website to Find an SBHP Provider



Consumer Information



Location Specify your location	Conditions Select one or more	Population Served Select one	Insurance Select up to three	Setting Select one or more	Therapists Results
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Location

Enter your Location

CONTINUE

Specify your location

State

Select state ▾

City

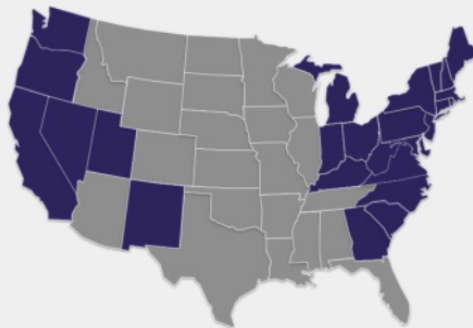
Enter City

Zip Code

Enter zip code

Range

Select distance ▾



Star Behavioral Health Providers only offers services in purple states at this time.

Location Specify your location	Conditions Select one or more	Population Served Select one	Insurance Select up to three	Setting Select one or more	Therapists Results
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Conditions

BACK

Select the condition(s) that best describes your needs

CONTINUE

Select one or more

Anger

Repeated episodes of angry, violent outbursts

Add

Anxiety

Feelings of worry, nervousness or fear that are strong enough to interfere with daily activities

Add

Depression

Constant feelings of sadness and loss of interest in daily activities

Add

Domestic Violence

Behavior used to gain or maintain power and control over an intimate partner

Add

Grief

An overwhelming feeling of sadness, anger, loneliness and hopelessness after the death of a loved one

Add

Pain

Physical suffering or discomfort that lasts long after an illness or injury occurs

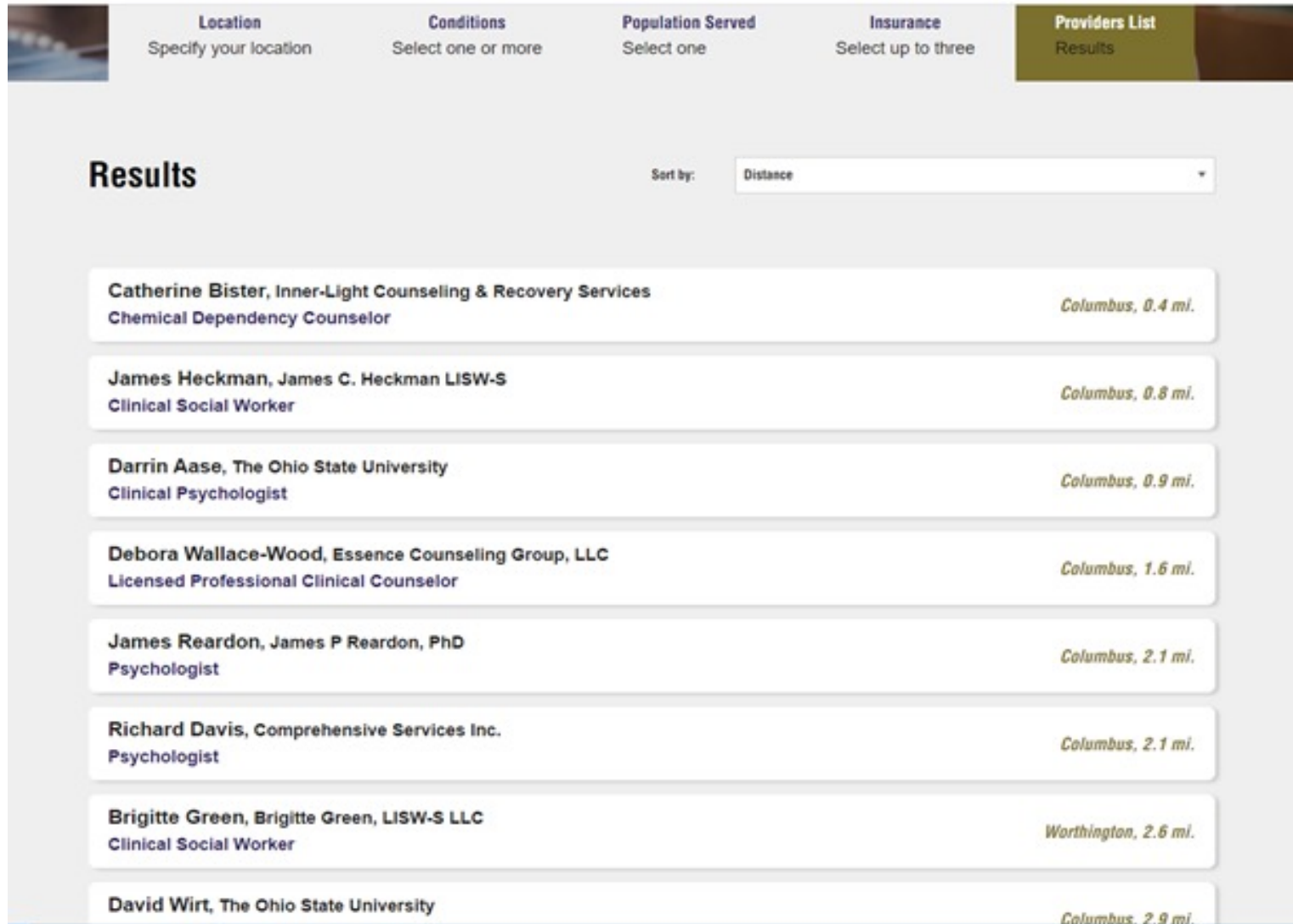
Add

Trauma

Feeling helpless or unable to cope after experiencing a stressful, frightening or distressing event

Add

Provider Searches



Location	Conditions	Population Served	Insurance	Providers List
Specify your location	Select one or more	Select one	Select up to three	Results
Results				Sort by: Distance
Catherine Bister, Inner-Light Counseling & Recovery Services Chemical Dependency Counselor				Columbus, 0.4 mi.
James Heckman, James C. Heckman LISW-S Clinical Social Worker				Columbus, 0.8 mi.
Darrin Aase, The Ohio State University Clinical Psychologist				Columbus, 0.9 mi.
Debora Wallace-Wood, Essence Counseling Group, LLC Licensed Professional Clinical Counselor				Columbus, 1.6 mi.
James Reardon, James P Reardon, PhD Psychologist				Columbus, 2.1 mi.
Richard Davis, Comprehensive Services Inc. Psychologist				Columbus, 2.1 mi.
Brigitte Green, Brigitte Green, LISW-S LLC Clinical Social Worker				Worthington, 2.6 mi.
David Wirt, The Ohio State University				Columbus, 2.9 mi.

Provider Profile



Catherine
Chemical

James
Clinical

Darrin
Clinical

Deborah
License

James
Psycho

Richard
Psycho

Brigitte
Clinical

David
License

Shelle
Clinical

Population Served

Adults

Modalities

Outpatient

Individual

Payment

Data Not Provided

Treatment Types

Anger

Domestic Violence

Grief

PTSD

Relationship Issues

Sexual Assault

Sleep Disorder

Suicidal Ideation

Tier Training

Tier 1 - Introduction to Military Culture and Deployment

Tier 2 - Challenges and Difficulties Associated with Military Service

Tier 3 - Assessment and Treatment of Suicidal Ideation in the U.S. Military

Tier 3 - Cognitive Behavior Therapy for Depression

Tier 3 - Cognitive Processing Therapy for PTSD



David Wirt, The Ohio State University
Licensed Professional Clinical Counselor

Columbus, 3.4 mi.

0.4 mi.

0.8 mi.

0.9 mi.

1.6 mi.

2.1 mi.

2.1 mi.

2.6 mi.

2.9 mi.

3.1 mi.

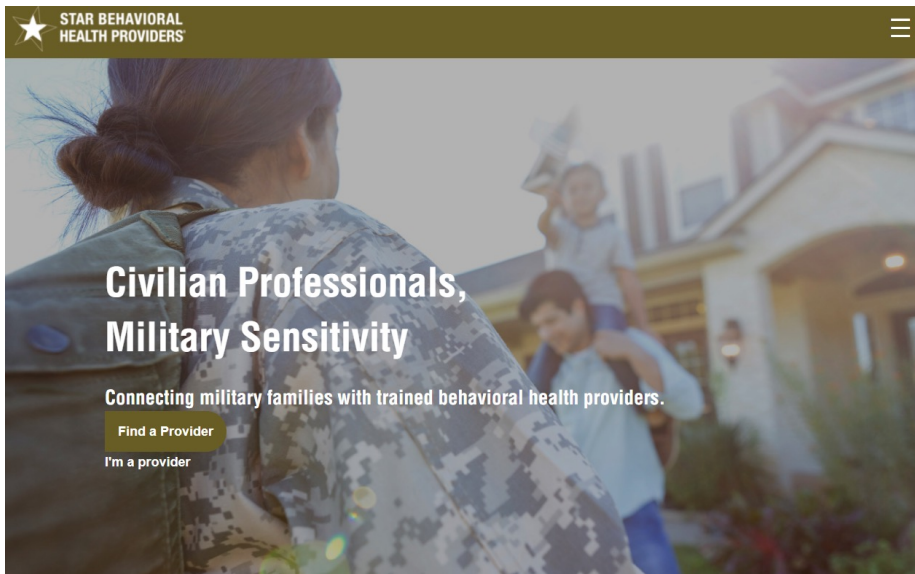
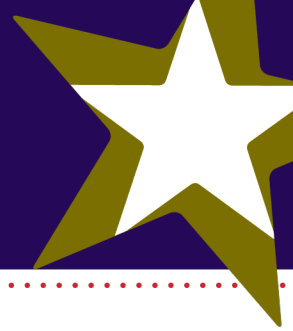
SBHP in Ohio – Registry Providers

Registry

272 providers
serving clients
at 310
locations in 65
counties



Where to Find Us



SBHP Website

www.starproviders.org

The Ohio Valley Center for Brain Injury Prevention and Rehabilitation

www.ohiovalley.org

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Next Training

January 31, 2023

Tier 1: Introduction to Military
Culture and Deployment

0800 to 1630

Online Training



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Questions?



Any additional questions comments,
please email brei.miller@osumc.edu

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