



MIGHTY OAKS

— ★ FOUNDATION ★ —

UNDERSTANDING THE NEED

Military Veterans: 18 million

Active Duty Military: 2.2 million



Suicide Rate
Veteran: 20.6 Daily
AD: 3.8 Daily

Active Police Officers: 800,000

Retired Police Officers: 1.1 million



Suicide Rate
Police: 200 yr
Fire: 133 yr

Who We Serve

Our audience includes:

1. Military Veterans
2. Active Duty Military Members
3. Law Enforcement Officers (Active and Former)
4. Firefighters/EMS (Active and Former)
5. Spouses of above categories

Core Programs

Legacy Programs

Resiliency Programs

Advocacy

Legacy Programs

Five-day program for men or women focused on moving forward in the face of military or life trauma.

Resiliency

Periods of instruction given by a Mighty Oaks trained speaker to active-duty military audiences. Resiliency events are focused on becoming resilient BEFORE trauma or making the right decisions while in the middle of a traumatic period of life. These events can be any length of time but typically happen on a single day or over a short weekend.

Advocacy

The Advocacy efforts of the Mighty Oaks Foundation focus primarily on building relationships with Government agencies for the purpose of developing pathways to non-clinical, patient directed care.

Additional Information

www.mightyoaksprograms.org

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