Our MISSION: We exist to improve the well being of our community by reducing the incidence of mental health problems and the abuse of alcohol and other drugs.

Our Providers
Our Role in the Community

We prioritize services and programs based on the needs of our community.

We fund mental health and substance abuse prevention, treatment, and recovery support services.

We evaluate the quality and effectiveness of the services delivered in our system.

Funding

2017 Revenues

- Federal - 10.5% $8,056,539
- Levy - 79.2% $60,649,663
- Local - 2.5% $1,915,041
- State - 7.8% $5,970,353

2017 Expenses

- Board Operating - 10.5% $7,305,202
- COG - .8% $540,109
- Direct Service - 87.4% $60,620,367
- County Fees - 1.2% $856,618

Three C Recovery and Health Care Network Council of Government (COG)
Franklin County Opiate Action Plan

- March 2017 – Columbus Mayor Andrew Ginther and Franklin County Commissioner John O'Grady asked ADAMH to create an Opiate Action Plan

- ADAMH interviewed over 100 people representing 62 organizations.

- 4 key areas

Ascent Peer Recovery App

- Support from The Columbus Foundation
- 24/7/365 peer recovery coaching
- Pilot program with 200 participants in treatment for substance use disorder
Mobile Opiate Response

- Pilot program with law enforcement and the fire department
- Link someone who overdosed with a clinician immediately
- Expanded to include local emergency departments
- Clinicians engaged 592 people in 2017

Addiction Stabilization Center

- 55 bed facility operated by Maryhaven
- Levels of care:
  - Triage/admission
  - Detoxification
  - Residential Treatment

ADAMH
Alcohol, Drug and Mental Health Board of Hamilton County

APRIL
Maryhaven Presents Idea to ADAMH

JULY
ADAMH Board Approves Funding

AUGUST
Renovations Begin

NOVEMBER
Renovations Completed

JANUARY
Officially Open
Addiction Stabilization Center

- Funders and Collaborators
- Osteopathic Heritage Foundations
- ADAMH
- The Columbus Foundation
- Ingram White Castle Foundation
- City of Columbus
- Nationwide
- State Budget

Connect with ADAMH

Jennifer Martinez, jmartinez@adamhfranklin.org

614-224-1057
facebook.com/ADAMHBoardofFranklinCounty
instagram.com/adamhboardoffranklincounty
adamhfranklin.org
linkedin.com/company/adamhboardoffranklincounty
Background

- Notable increase in opiate-related overdoses in Franklin County

- 10-15 naloxone (Narcan) administrations daily in Franklin County

- Usual path:
  - Overdose → Narcan → ER (medically treated, referred for drug treatment) → Community → Overdose

- 2017 Franklin County Opiate Action Plan
Change the Path

- Overdose ➔ Narcan ➔ EMS decides if person needs hospitalization or direct transport to the Addiction Stabilization Center
The Maryhaven Addiction Stabilization Center

- Developed with ADAMH Board, City of Columbus
- 55 bed facility
  - Admission & Triage (5 beds)
  - Detoxification (20 beds)
  - Non-Medical Residential (30 beds)
- 100+ Maryhaven employees
- Interdisciplinary teams
  - physicians, nurses/nurse practitioners, counselors, paramedics, patient care assistants, admission specialist, peer recovery supporters
  - Contracting with CPD for Special Duty security

1430 South High Street
Columbus, Ohio 43207
1430 South High Street
Columbus, Ohio 43207

Admission

EMS Protocol for Transporting Patients to the Addiction Stabilization Center

- Known or suspected overdose from an opiate and/or had intravenously administered Naloxone and/ or spontaneous respirations over 6/minute
  - No
    - Transport to ED
  - Yes
    - Refer to appropriate resource

- No complete medical care needed
  - Glasgow = 15
  - B/P = 90
  - No supplemental ventilations required
  - Able to swallow
  - Diagonal Score ≤ 13
  - Can manage independently
  - No active anxiety
  - Systolic Blood Pressure = 100 or > 80
  - Pulse = 120
  - Temperature ≤ 100.4°F
    - No
      - Refer to appropriate resource
    - Yes
      - Transfer to Addiction Stabilization Center

*Potential pregnant clients must receive an ultrasound confirming a sterile pregnancy and must be reviewed and approved by the NSIC Medical Director.
**Staffing**

- Budget: ~$6.6M (including benefits)
- Nurses: 26.6
- Counselors-18.2
- Nurse Practitioners-6.2
- PCAs-30.8
- Admissions Specialists-9.4
- Peer Recovery Supporters-5.6
- Admin-5

---

**Programming**

*Monday – Friday*

- 6:30AM Wake Up/Smoke/Drink Coffee
- 7:00AM Breakfast and Morning Meeting
- 8:00AM Group Therapy
- 9:00AM Individual Therapy
- 10:00AM Group Therapy
- 11:00AM Medication Review
- 12:00PM Lunch
- 1:00PM Group Therapy
- 2:00PM Individual Therapy
- 3:00PM Group Therapy
- 4:00PM Medication Review
- 5:00PM Dinner
- 6:00PM Group Therapy
- 7:00PM Individual Therapy
- 8:00PM Group Therapy
- 9:00PM Free Time
- 10:00PM Medication Review
- 11:00PM Lights Out

*Saturday*

- 7:00AM Wake Up/Smoke/Drink Coffee
- 7:30AM Breakfast and Morning Meeting
- 8:00AM Group Therapy
- 9:00AM Individual Therapy
- 10:00AM Group Therapy
- 11:00AM Medication Review
- 12:00PM Lunch
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- 4:00PM Medication Review
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- 7:00PM Individual Therapy
- 8:00PM Group Therapy
- 9:00PM Free Time
- 10:00PM Medication Review
- 11:00PM Lights Out

*Sunday*

- 7:00AM Wake Up/Smoke/Drink Coffee
- 7:30AM Breakfast and Morning Meeting
- 8:00AM Group Therapy
- 9:00AM Individual Therapy
- 10:00AM Group Therapy
- 11:00AM Medication Review
- 12:00PM Lunch
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- 2:00PM Individual Therapy
- 3:00PM Group Therapy
- 4:00PM Medication Review
- 5:00PM Dinner
- 6:00PM Group Therapy
- 7:00PM Individual Therapy
- 8:00PM Group Therapy
- 9:00PM Free Time
- 10:00PM Medication Review
- 11:00PM Lights Out
Community Engagement

• Maintaining active involvement with many community organizations and agencies:
  • Merion Village Association
  • Parson Avenue Merchants Association
  • South Side Substance Abuse Solutions Committee
  • South Side Area Commissioners
  • Whitehall SAFE Station Program
  • Central Ohio Trauma System
  • Columbus EMS/Fire
  • Columbus Police
  • Various Community Naloxone Trainings
  • Franklin County Public Health
  • Columbus Public Health
  • Capital University Nursing Department
  • Mount Carmel College of Nursing
  • Columbus State Community College
  • Focus Learning Academy
  • Southwood Elementary
  • Southeast, Inc.
  • ADAMH of Franklin County
  • City of Columbus

Outcomes
Milestone!

CONGRATULATIONS, MASC Staff! The Maryhaven Addiction Stabilization Center has been open for 6 months!

JULY 19, 2018

When we opened the doors of MASCC 6 months ago, none of us expected what would happen. We knew all of us would have to work extra hard to make the center a success. We promised that we would do our best to provide the best possible care for our clients. We also promised to be a place where our clients could come to feel safe and loved.

Maryhaven Addiction Stabilization Center

The staff helped me save my life. They gave me strength when I needed it the most and they put the steps to take in front of me. Without MASC and no writing list, I wouldn’t be where I am today.

-Some, MASC Graduate

131 days sober

By the Numbers...

Number of Pregnant Clients Admitted: 24

Referral Sources:

- 30%
- 20%
- 15%
- 10%
- 5%

Admissions Per Month (2018)

<table>
<thead>
<tr>
<th>Month</th>
<th>Triage</th>
<th>Detox</th>
<th>Rehab</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan</td>
<td>12</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>Feb</td>
<td>15</td>
<td>8</td>
<td>4</td>
</tr>
<tr>
<td>Mar</td>
<td>17</td>
<td>9</td>
<td>5</td>
</tr>
<tr>
<td>Apr</td>
<td>12</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>May</td>
<td>13</td>
<td>8</td>
<td>4</td>
</tr>
</tbody>
</table>

Super Heroes

"Maryhaven employees want you all to know what I have learned here and only help me to get to know them. They have been a huge support for people that have been in the same situation. They have helped me to realize that I have a future and a place to go. They have been a huge support for people that have been in the same situation. They have helped me to put things in perspective and to get my life back. The work you have done has been outstanding. You have been a huge support for people that have been in the same situation. They have helped me to realize that I have a future and a place to go." - Maryhaven Graduate

C.F. Resources

These MASC team members were recognized by the MASC team for demonstrating Commitment, Excellence, and Support with clients, colleagues, and other. Congratulations, and thank you to all of our honorary.

Super Heroes:

- Tania Cordero, Counselor
- Isabel Fernandez, Medical Assistant
- Joel Rodriguez, Medical Assistant
- Wilmer-Crissi Rodriguez, Medical Assistant
- Magalys Hernandez, Medical Assistant
- Mayra Rivera, Medical Assistant
- Mayra Valdivieso, Medical Assistant
- Rosalba Leon, Counselor
- Yaima Pimentel, Counselor

MASC Graduate, Shane

Letter

"Maryhaven helped me with my addiction. I can finally say that I am not a slave to my addiction. I feel normal. I feel alive. I feel happy. I feel whole. I feel like I have my life back. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again. I feel like I am a whole person again.!"
Outcomes

Challenges

- Staffing
  - Nursing
- Limited scope
  - DEA
- Limited space
  - Diversion Policy
- Referral-In Process
  - Community Communication
- Referral-Out Process
  - Housing
Lessons Learned

- “CPR”
  - Readmission Flexibility
  - Collaboration & Communication
  - Housing Needed
  - Higher Acuity Care Indicated
Congratulations, MASC Staff! The Maryhaven Addiction Stabilization Center has been open for 6 months!

---July 19, 2018---

When we opened the doors of MASC 181 days ago, none of us were exactly sure what to expect. We had a total of 2 admissions in the first 48 hours. Many of us began to anxiously wonder if the months of planning and preparation would pay off. On the third day of operations, we admitted 5 people and breathed a deep sigh of relief!

Now, 181 days later, we’ve had over 800 admissions at MASC. Beyond statistics, we’ve offered many people an opportunity to experience real recovery and to receive the tools to break free from the cycle of active addiction. We’ve given encouragement and support to people who had given up on themselves. We’ve demonstrated compassion, patience, and respect for all, regardless of circumstance.

We’ve had some opportunities for growth, too. While the Leadership Team and I are intently focused on our areas for improvement, I am incredibly proud of and grateful to every employee, volunteer, and community colleague who has made MASC what it is today. Thank you all for your incredible work, and congratulations on 6 months of restoring lives. Here’s to the next 6 months!

-Andrew Moss, MASC Director

“Super Heroes”

“Maryhaven Employees I want you all to know what I have learned here will only help me excel and grow. My life has been like a puzzle that was always unattached. Now I feel like I can put the pieces together and get my life back. The work you have done on me as a whole brings tears to my eyes and it strengthens my soul. And I promise you all from this day forth I will always remember your love and support. I know you all don’t wear capes on your backs but you are my heroes because of the things that you are giving back."

-James, MASC Graduate

Community Involvement

MASC has maintained active engagement with the following agencies, entities, and organizations within our community: ADAMH, the City of Columbus, Merion Village Association, Parsons Avenue Merchants Association, South Side Substance Abuse Solutions Committee, South Side Area Commissioners, Whitehall SAFE Station Program, Central Ohio Trauma System, Columbus EMS/Fire, Columbus Police, Franklin County Public Health, Columbus Public Health, Capital University Nursing Department, Mt. Carmel College of Nursing, Columbus State Community College, Focus Learning Academy, Southwood Elementary, and Southeast Inc.
By the Numbers...

**# of Admissions**

<table>
<thead>
<tr>
<th>Triage</th>
<th>Detox</th>
<th>Res</th>
</tr>
</thead>
<tbody>
<tr>
<td>809</td>
<td>687</td>
<td>236</td>
</tr>
</tbody>
</table>

**Completion Rates**

<table>
<thead>
<tr>
<th>Triage</th>
<th>Detox</th>
<th>Res</th>
</tr>
</thead>
<tbody>
<tr>
<td>90%</td>
<td>61%</td>
<td>70%</td>
</tr>
</tbody>
</table>

**Admissions Per Month (excluding July)**

- Jan: 31
- Feb: 106
- Mar: 127
- Apr: 126
- May: 145
- Jun: 176

**Referral Sources**

- Walk-In: 406
- Southeast: 296
- EMS: 159
- SAFE: 50
- Alum Creek: 8
- CPD: 5
- Hospitals: 1

**MASC Leadership Priorities:**

- Continuously improve quality of care
- Decrease AMA/ASA discharges
- Increase staff support, staffing numbers
- Improve team communication and connectedness
- Diversify programming
- Increase efficiency with referring partners

“...The staff helped me save my life. They gave me strength when I needed it the most and they put the steps to take in front of me. Without MASC and no waiting list, I wouldn't be where I am today.”

- Shane, MASC Graduate

131 days sober

**C.P.R. Honorees**

These MASC team members were recognized by their peers for demonstrating Compassion, Patience, and Respect with clients, colleagues, and visitors. Congratulations, and thank you, to all of our honorees!

- Denise Marincic (PCA, March 2018)
- Jordan Knipper (Counselor, March 2018)
- Ikran Igal (Nurse, April 2018)
- Kelsey Williams (Counselor, April 2018)
- Daryl Irvin (PCA, May 2018)
- Megan Howell (Admissions Specialist, June 2018)
- Molly Kubicek (Nurse Practitioner, June 2018)

Also received multiple nominations: Erica Wells, Carla Jones-Ross, Nate Blake, Lu Shrader, Angie McDaniel
MASC Graduate, Shane

Letter

MASC helped me with my addiction. By caring for my well-being when nobody else was, I had no hope, I had faith without works, basically I was just living to die. They showed me hope and strength and helped me surrender to a life without Substance Abuse. They helped me face my fears and grow from them. The most helpful things at MASC was they gave me a big book, told me to get a Sponsor, and was lead by experience from the staff and how they become sober. Darrell and John were the biggest help with my stay at MASC because everyday they checked on me and asked if there was anything they could do for me. To have someone show me they cared for me or was concerned about me at my darkest point meant the most to me. The classes and the daily check-in helped me with my awareness and helped me learn to trust others more. By that point in my addiction I had nobody to help me. I was basically wanting to die, I had almost gotten killed and so far along in my disease I lost all hope for life itself. I only knew how to survive, and I learned that wasn’t gonna help me to stay sober. The staff helped me save my life, they gave me strength when I needed it the most and they put the steps to take in front of me. Without MASC and the waiting list I wouldn’t be here. I am today. My advice to a future client would be to take in everything MASC has to give and take suggestions and to apply them suggestions in your daily life. The results are astonishing, they can change you. I learned if I don’t get everything I can from recovery, then I won’t get nothing at all, and they sure can use my name. MASC helped place me where I needed to be in recovery and I can say that today I’m so grateful to be alive and sober and I am very happy that today I apply change and see hope in it.