Engagement and Early Recovery

Putting Knowledge into Practice:
Simulated Family Treatment Court Staffing and Status Review Hearing

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Our Mission

To improve safety, permanency, well-being and recovery outcomes for children, parents and families affected by trauma, substance use and mental health disorders.

Key Takeaways

Our beliefs about substance use disorders influence how we respond.

Active engagement in early recovery is critical

Systematic approach vs. perceptions of readiness
Thoughts & beliefs

Emotions and feelings

Behavior and practice

Re-thinking SUD Treatment Recovery Response

Our Beliefs

Why won’t they just stop?

They must love their drug more than their kids.

They need to really want get sober.

They need to hit rock bottom.

Thoughts & beliefs

Emotions and feelings

Behavior and practice

Why won’t they just stop?

They must love their drug more than their kids.

They need to really want get sober.

They need to hit rock bottom.
Here’s a referral—let me know when you get into treatment.

They’ll get into treatment if they really want it.

Call me on Tuesday.

Don’t work harder than the client.

Our Response

Rethinking Treatment Readiness

Re-thinking “Rock Bottom”
- “Tough love”—in the hopes that they will hit rock bottom and wanting to change their life
- Collective knowledge in the community is to “cut them off, kick them out, or stop talking to them”
- Addiction as a disease of isolation

“Raising the bottom”
- Getting off on an earlier floor
- Has realistic expectations and understands both the neuro-chemical effects on people with substance related and addiction disorders and difficulties and challenges of early recovery
- Readiness
- Recovery occurring in the context of relationships
What Do We Mean by Systematic Approach?

**Objective & Systematic**
- Clearly defined protocols and procedures, with timelines and communication pathways (who needs to know what and when)
- Eligibility criteria based on clinical and legal assessments
- Match appropriate services to identified needs

**Subjective & Informal**
- I refer all my clients to FDC because I know the people there
- I only refer clients who really want to participate
- Let me know when you get in the program
- I prefer to refer clients who are doing well on their CWS case plan
- I refer all my clients with a drug history to the FDC

If your referral process is systematic and objective...

The team can focus on how to engage families in the FTC/treatment...

instead of whether or not they should be allowed into the FTC.
Let’s call the treatment agency together now.

Let’s talk about how you are going to get to your intake appointment and what that appointment will be like.

I will call you in the morning and check how things are going.

Let me introduce you to your counselor.

**Active Engagement**

**Time To & Time In Treatment Matters**

In a longitudinal study of mothers (N=1,911)

- Entered substance use disorder treatment faster after their children were placed in substitute care
- Stayed in treatment longer
- Completed at least one course of treatment
- Significantly more likely to be reunified with their children

*Source: Green, Rockhill & Furrer (2007)*
**Peer Support**

- Peer Mentor
- Peer Specialist
- Peer Providers
- Parent Partner

**Titles and Models**

- Recovery Support Specialist
- Substance Abuse Specialist
- Recovery Coach
- Recovery Specialist
- Parent Recovery Specialist

**Experiential Knowledge, Expertise**

**Experiential Knowledge, Expertise + Specialized Trainings**

**YOU NEED TO ASK:**

**What does our program and community need?**

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**Median Length of Stay in Most Recent Episode of Substance Use Disorder Treatment After RPG Entry by Grantee Parent Support Strategy Combinations**

<table>
<thead>
<tr>
<th>Support Strategy Combinations</th>
<th>Median Length of Stay (in Days)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Parent Support Strategy</td>
<td>102</td>
</tr>
<tr>
<td>Intensive Case Management Only</td>
<td>130</td>
</tr>
<tr>
<td>Intensive Case Management and Peer/Parent Mentors</td>
<td>151</td>
</tr>
<tr>
<td>Intensive Case Management and Recovery Coaches</td>
<td>200</td>
</tr>
</tbody>
</table>

*Median in Days*
Substance Use Disorder Treatment Completion Rate by Parent Support Strategies

- No Parent Support Strategy: 46%
- Intensive Case Management Only: 46%
- Intensive Case Management and Peer/Parent Mentors: 56%
- Intensive Case Management and Recovery Coaches: 63%

Median in Days