



Department of Medicaid
Department of Mental Health and Addiction Services

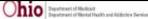
Medicaid Behavioral Health (BH) Redesign

Ohio Supreme Court
2017 Specialized Dockets Conference

October 24th, 2017



Behavioral Health Redesign



October 24th, 2017 Agenda

- _____ Welcome and Opening Remarks
- _____ BH Redesign Overview
- _____ Overview of Ohio Medicaid and Managed Care Delivery System
- _____ Medicaid-Covered BH Services Now and After BH Redesign
- _____ BH Benefit Changes of Interest to Specialized Dockets
- _____ Medication-Assisted Treatment
- _____ Prior Authorization
- _____ BH Practitioners
- _____ Resources



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BH Redesign Overview



Behavioral Health Redesign

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Department of Health and Maternal Services

History of Ohio Medicaid Behavioral Health Services

Over the past 6 years, Ohio has redesigned the Medicaid behavioral health services delivery system and benefit package in the following four stages.

Elevation: Completed as of July 1, 2012
 Financing of Medicaid behavioral health services moved from county administrators to the state.

Expansion: Completed as of January 1, 2014
 Ohio implemented Medicaid expansion to extend Medicaid coverage to more low-income Ohioans, including 500,000 residents with behavioral health needs.

Modernization: Implementation on target for January 1, 2018
 ODM and OhioMHAS are charged with modernizing the behavioral health benefit package to align with national standards and expand services to those in need.

Integration: Implementation on target for July 1, 2018
 Post benefit modernization, the Medicaid behavioral health benefit will be fully integrated into Medicaid managed care.

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January 1, 2018

Modernization – Underway, ODM and OhioMHAS are modernizing the community behavioral health benefit package to align with national standards and expand services to those most in need. **Implementation on target for January 1, 2018.**

January 1, 2018: New behavioral health (BH) benefit begins.

- Ohio Administrative Code 5160-27 rules were filed October 1, 2017 for January 1, 2018 effective date.
- MyCare Ohio plans administer the new benefit. (BH services are “carved in” to the MyCare Ohio benefit package today.)
- Traditional managed care plan members will continue to receive the new benefit through fee-for-service delivery system.

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July 1, 2018

Integration – The community Medicaid behavioral health benefit will be fully integrated into Medicaid managed care. **Implementation on target for July 1, 2018.**

July 1, 2018: Behavioral health benefit incorporated into managed care: AKA “Carve-In”

- Medicaid managed care plans become responsible for the financing and delivery of behavioral health benefits for all members. (Brings BH in line with the rest of Medicaid health care services.)
- A few Medicaid enrollees (those receiving long-term care services & not in a MyCare Ohio county and those being served in the DD system) will continue to receive their benefits through fee-for-service Medicaid.
- Refer to consumer’s Medicaid card to tell whether they are enrolled in a managed care plan (see slides 12 & 14).

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Overview of Ohio Medicaid and Managed Care Delivery System



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Overview of Ohio Medicaid

- Nearly 3 million Ohioans receive their health care via Ohio Medicaid program, making it Ohio's largest health insurer
- Ohio Medicaid contracts with more than 83,000 active providers including hospitals, nursing homes, physician offices, dentist and community based providers
- 86% of Medicaid enrollees (over 2.4 million individuals) are enrolled in a Medicaid managed care plan (MCP) who is responsible for their health care needs



What is Managed Care?

- Under a managed care model, the state pays Medicaid Managed Care Plans (MCPs) a monthly rate to cover the health care needs of every member.
 - This is known as a per member/per month (PM/PM) **capitation payment**
 - MCPs are responsible to contract with health care providers to deliver medically necessary services to Medicaid members
 - Health care providers are paid by MCPs for the services they deliver.
 - MCPs must meet state set standards for access and adequacy of provider panel in every region of the state.
 - MCPs are held to certain health performance standards for their covered members.

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MyCare Ohio

- Three year demonstration project that integrates Medicare and Medicaid into one program operated by a Medicare Medicaid Plan (MMP)
 - » **May 1, 2014:** MyCare Ohio went live in first region (Medicaid only mandatory)
 - » **July 1, 2014:** MyCare Ohio live in all regions
 - » **January 1, 2015:** Full integration with Medicare occurred
 - » **August 2015:** Program extended through December 31, 2019
- Individuals may “opt-out” only on the Medicare side; enrollment in Medicaid is mandatory
- MyCare Ohio is not statewide
- MyCare Ohio plans are responsible for community behavioral health services for their members

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MyCare Ohio Managed Care Plans

BH Services are “CARVED IN”

- **Ohio Medicare and Medicaid recipients enrolled in a MyCare Ohio plan receive community behavioral health services through their MyCare Plan.**
- **Members must receive services from in-network providers; otherwise, the member may be responsible for the cost of their care.**

Aetna is a MyCare plan but not a Medicaid Managed Care Plan

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Example of MyCare Ohio Managed Care Cards (as of the date of this presentation)

CareSource:

CareSource MyCare Ohio Medicare-Medicaid Member ID Card:

CareSource MyCare Ohio Medicaid Only Member ID Card:

Back of CareSource MyCare Ohio Medicare-Medicaid Member ID Card:

Back of CareSource MyCare Ohio Medicaid Only Member ID Card:

<https://www.caresource.com/providers/ohio/caresource-mycare-ohio/patient-care/>

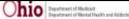


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Medicaid-Covered BH Services Now and After BH Redesign

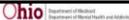


Behavioral Health Redesign



Medicaid Mental Health (MH) Benefit Through December 31, 2017

Psychiatric Diagnostic Evaluation w/ Medical Assessing treatment needs & developing a plan for care 	Mental health Assessment Assessing treatment needs & developing a plan for care 	Pharmacological Management Services provided by medical staff directly related to MH conditions and symptoms 
Partial Hospitalization Teaching skills and providing supports to maintain community based care 	Crisis Intervention Services for people in crisis 	Community Psychiatric Supportive Treatment (CPST) Care Coordination 
Mental health counseling Individual and group counseling may be provided by all credentialed practitioners 	Respite for Children and their Families Providing short term relief to caregivers 	Office Administered Medications Long Acting Psychotropics 



Medicaid MH Benefit Beginning January 1, 2018

Psychotherapy CPT Codes Individual, group, family and crisis 	Psychiatric Diagnostic Evaluation Assessing treatment needs & developing a plan for care 	Medical (Office/Home, E/M, Nursing) Medical practitioner services provided to MH patients 	Assertive Community Treatment (ACT) Comprehensive team based care for adults with SPMI 	Intensive Home-Based Treatment (IHBT) Helping SED youth remain in their homes and the community 
Group Day Treatment Teaching skills and providing supports to maintain community based care 	Crisis Services Covered under crisis psychotherapy and other HCPCS codes 	Community Psychiatric Supportive Treatment (CPST) Care Coordination 	Screening, Brief Intervention and Referral to Treatment (SBIRT) Screening and brief interventions for substance use disorder(s) 	
Therapeutic Behavioral Service (TBS) Provided by paraprofessionals with Master's, Bachelor's or a 3 year experience 	Psychosocial Rehabilitation (PSR) Provided by paraprofessionals with less than Bachelor's or less than 3 year experience 	Respite for Children and their Families Providing short term relief to caregivers 	Office Administered Medications Long Acting Psychotropics 	Psychological Testing Neurobehavioral, developmental, and psychological 

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Medicaid Mental Health Benefit Package BH Redesign Details

Changes

- ✓ Adding family psychotherapy both with and without the patient
- ✓ Adding primary care services, labs & vaccines
- ✓ Adding coverage for psychotherapy
- ✓ Adding coverage for psychological testing
- ✓ Adding evidence based/state best practices:
 - Assertive Community Treatment (ACT) - adults with Serious and Persistent Mental Illness (SPMI)
 - Intensive Home-Based Treatment (IHBT) - youth at risk of out of home placement



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Medicaid Mental Health Benefit Package BH Redesign Details Continued

Changes

- ✓ Expanding community based rehabilitation: Therapeutic Behavioral Services (TBS) & Psychosocial Rehabilitation (PSR)
- ✓ Maintaining coverage of Community Psychiatric Supportive Treatment (CPST)
- ✓ Maintaining prior authorization exemption for antidepressant or antipsychotic medications
- ✓ Added respite for children and their families



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Medicaid Substance Use Disorder (SUD) Benefit Through December 31, 2017

Outpatient	Residential
<ul style="list-style-type: none"> • Ambulatory Detoxification • Assessment • Case Management • Crisis Intervention • Group Counseling • Individual Counseling • Intensive Outpatient • Laboratory Urinalysis • Medical/Somatic • Methadone Administration <div style="text-align: center;"></div>	<ul style="list-style-type: none"> • Ambulatory Detoxification • Assessment • Case Management • Crisis Intervention • Group Counseling • Individual Counseling • Intensive Outpatient • Laboratory Urinalysis • Medical/Somatic <div style="text-align: center;"></div>

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Medicaid SUD Benefit Beginning January 1, 2018

Outpatient	Residential
<ul style="list-style-type: none"> • Assessment • Psychiatric Diagnostic Evaluation • Counseling and Therapy <ul style="list-style-type: none"> • Psychotherapy – Individual, Group, Family, and Crisis • Group and Individual (Non-Licensed) • Medical – including for withdrawal management • Medications – including for withdrawal management • Buprenorphine and Methadone Administration (OTPs) • Urine Drug Screening • Peer Recovery Support • Case Management 	<ul style="list-style-type: none"> • Per Diems supporting all six residential levels of care including: <ul style="list-style-type: none"> • Clinically managed through medically monitored • Two residential levels of care for withdrawal management • Medications • Buprenorphine and Methadone Administration (OTPs) 

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What is Detoxification and Withdrawal Management And How Is It Delivered?

What is Detoxification?

- The body riding itself of the chemicals.

What is Withdrawal Management?

- The management of the person through detoxification.

Detoxification and Withdrawal Management can be provided in different settings, such as:

- ✓ Hospital
- ✓ Residential treatment program
- ✓ Outpatient treatment program

Note: Medicaid covers all of these settings

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BH Benefit Changes of Interest to Specialized Dockets


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Behavioral Health Benefit Changes of Interest to Specialized Dockets, Effective January 1, 2017

Opioid Treatment Programs (OTP) Updated Benefit Updated January 1, 2017

- In ADDITION to the outpatient benefit described on slide 21 (through December 31, 2017) and slide 22 (beginning January 1, 2018, and thereafter), the OTP benefit was updated for January 1, 2017 to include Medicaid coverage of:
 - ✓ Medications – Buprenorphine-based medications (SAMHSA certificate), injectable/nasal naloxone and oral naltrexone (Ohio Board of Pharmacy)
 - ✓ Medication administration
 - ✓ Collection of blood samples for external laboratory testing

OTP Licensure and Certification

OTP Methadone License: Ohio Medicaid recognizes and enrolls OTPs that are licensed by OhioMHAS under Ohio Administrative Code 5122-29-35. These OhioMHAS licensed programs are authorized to administer methadone.

OTP Certification: Ohio Medicaid recognizes and enrolls OTPs that are certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) under 42 CFR 88.11(21 U.S.C. 823(g)(1)). These SAMHSA certified programs are authorized to administer buprenorphine based medications.

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Behavioral Health Benefit Changes of Interest to Specialized Dockets, Effective January 1, 2018

Urine Drug Screening

- Coverage of point of service/point of care medically necessary random urine drug screening
- Supports immediate clinical response based upon result
- Medicaid payment rate adjusted to reflect cost of sample collection and "smart cups/Cups/dip stick test"
- Laboratory testing is still available when medically necessary. SUD treatment agency sends sample to lab for testing and lab bills Medicaid Managed care plan or MyCare Ohio plan.

★ Medicaid continues to cover medically necessary laboratory testing. ★

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Behavioral Health Benefit Changes of Interest to Specialized Dockets, Effective January 1, 2018

Effective January 1, 2018: New Services Added

New Services added:

- ✓ SUD Residential Treatment
- ✓ Peer Recovery Support Services
- ✓ Assertive Community Treatment for adults with serious mental illness
 - ACT teams required to integrate SUD outpatient treatment for patients with dual diagnosis
- ✓ Intensive Home Based Treatment for youth at risk of being removed from their homes
 - Focus on treating the family - not just the youth - and teaching coping skills
- ✓ Therapeutic Behavioral Services (TBS)
- ✓ Psychosocial Rehabilitation (PSR)
- ✓ Office based electrocardiogram
- ✓ Psychological testing

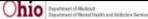


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Medication-Assisted Treatment



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Medication-Assisted Treatment (MAT)

Two ways MAT is available through OhioMHAS certified treatment agencies (not office based opioid treatment [OBOT]):

MAT	}	<p><i>The medications for an OhioMHAS certified program that is NOT an OTP are: buprenorphine (with patient limit) and injectable naltrexone.</i></p> <ul style="list-style-type: none"> • <i>Note: Patient receives medication and clinical supports.</i>
OTP	}	<p><i>The medications for OTPs are: methadone and/or buprenorphine (no patient limit) and injectable naltrexone.</i></p> <ul style="list-style-type: none"> • <i>Note: Patient receives medication and clinical supports.</i>



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Prior Authorization



Behavioral Health Redesign

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Medicaid Covered Behavioral Health Practitioners *

Behavioral Health Practitioners (BHPs)				
Medical BHPs	Licensed BHPs		BHPs	BHP-Paraprofessionals
Physicians (MD/DO)	Licensed Independent Chemical Dependency Counselors	Licensed Independent Social Workers	Chemical Dependency Counselor Assistants	Care Management Specialists
Certified Nurse Practitioners	Licensed Chemical Dependency Counselors	Licensed Social Workers	Counselor Trainees	Peer Recovery Supporters
Clinical Nurse Specialists	Licensed Independent Marriage and Family Therapists	Licensed Professional Clinical Counselors	Marriage and Family Therapist Trainees	Qualified Mental Health Specialists
Physician Assistants	Licensed Marriage and Family Therapists	Licensed Professional Counselors	Psychology Assistants, Interns or Trainees	
Registered Nurses	Licensed Psychologists		Social Work Assistants	
Licensed Practical Nurses			Social Worker Trainees	

* When employed by or contracted with an OhioMHAS certified agency/program

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Resources

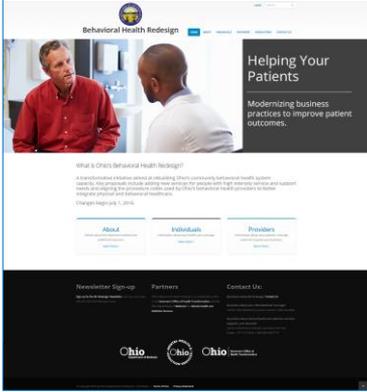

Behavioral Health Redesign

Behavioral Health Redesign Website

Go To:
bh.medicaid.ohio.gov

Sign up online for the **BH Redesign Newsletter.**

Go to the following OhioMHAS webpage: <http://mha.ohio.gov/Default.aspx?tabid=154> and use the "BH Providers Sign Up" in the bottom right corner to subscribe to the BH Providers List serve.



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Available Consumer Resources

Ohio's transition to the new BH benefit package should be seamless for individuals who access these critical services. Current BH services should not be impacted by BH Redesign, and new services (e.g., ACT/IHBT) will be available to individuals with high intensity needs.

The resources below can help individuals in accessing current or new services:

ODM Resources:

- Medicaid Consumer hotline: 1-800-324-8680
- Beneficiary Ombudsman: Sherri Warner (Phone: 614-752-4599; Email: sherri.warner@medicaid.ohio.gov)

MHAS Resources:

- Client Rights and Advocacy Resources (<http://rha.ohio.gov/Default.aspx?tabid=270>)

Local Resources:

- National Alliance on Mental Illness helpline: 1-800-686-2646
- Ohio Association of County Behavioral Health Authorities, Board Directory (<http://www.oacbha.org/mappage.php>)

MCP Resources:

- Medicaid Consumer hotline: 1-800-324-8680
