

Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Structure	• Structure
• Consistency	• Consistency
• Predictability	• Predictability

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Safety	• Accountability

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Therapeutic	• Punitive

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Healing and Growth	• Behavioral Correction

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Collaborative	• Directive

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Responsive	• Reactive

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Exploration	• Restriction

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Empowerment	• Deterrence

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Trauma-Informed Responses & Criminal Justice Interventions

<u>Trauma-Informed</u>	<u>Criminal Justice</u>
• Trust	• Fear

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Trauma-Informed Responses & Criminal Justice Interventions

Trauma-Informed

- Mutuality

Criminal Justice

- Hierarchy

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Trauma-Informed Responses & Criminal Justice Interventions

Trauma-Informed

- Flexible

Criminal Justice

- Rigid

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Criminal Justice

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Confrontation

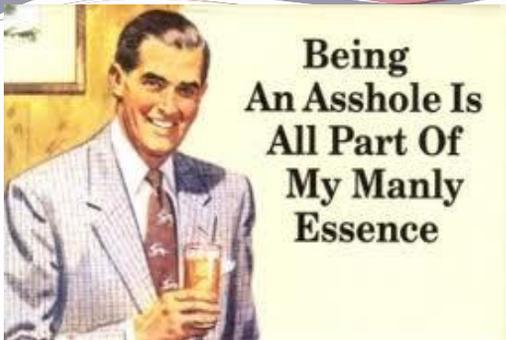
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**TRAUMA =
WOUND**

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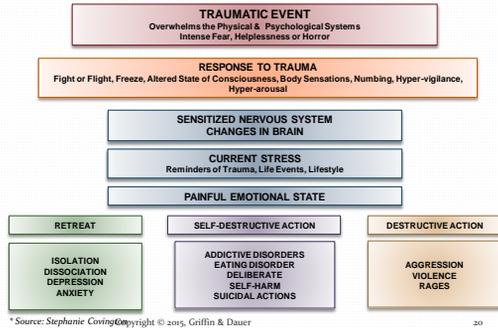
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The Theory of Trauma

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Process of Trauma



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Trauma-Informed Care

Creates a culture of non-violence, learning and collaboration

(Sandy Bloom, 2013)

Takes into account an understanding of trauma in all aspects of service delivery and places priority on the person's safety, choice and control

(Harris and Fallot, 2005)



Core Principles of Trauma-Informed Care

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CBT's Just Alright with me (oh yeah!)

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Triggering

A crucial element of successful treatment involves attention to the following components of a person's experience (Harris & Fallot, 2001):

- Boundary violations (professional staff)
- Lying and breaking integrity
- Chaotic treatment environment

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Triggering

- Lock-step rigid agency policies that do not allow a person to have what they need
- Agency dysfunction
- Disruption in routines
- Secrets in the group
- Not listening to the person

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Triggering

- Not believing their account of the abuse
- Labeling intense rage and other feelings as pathological
- Minimizing, discrediting or ignoring the person's responses
- Conducting urinalysis in a non-private and disrespectful manner

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The needs of the individual
Vs.
The needs of the community

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Do Your OWN Work

- Team Members attend Alanon (or start their own meeting)
- Be respectful in how you talk about alcohol and “partying” in front of clients
- Look at your own alcohol and other drug use
- Get counseling *when* your own issues are often being triggered
- Deal with YOUR trauma

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Deal with YOUR trauma

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Elements of Trauma-Informed Care

- Preparation/Program Assessment
 - Walk Through (NIATx)
 - Engaging Consumers (at all levels)
 - Identified “Champions”
 - Environment Assessment
- Screening of Staff
 - All Team
 - Treatment & Probation/Caseworker
- Training
 - Expectation for ALL staff
 - Regular training
- Personal Awareness
 - Critical

Elements of Trauma-Informed Care

- Screening/ Initial Assessment
 - Universal Precautions
- Assessment
 - Timing / Therapeutic Relationship
 - ACE/PCL/TSC
 - Avoid Yes/No
- Treatment
 - Trauma-informed & Gender-Responsive
- Case management of survivors of trauma
 - Principles of trauma-informed care
- Responses to Behavior
 - Principles of Trauma-Informed Care
 - Triggering

Universal Precautions

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A paradigm shift

From:

“What is wrong with you?”

To:

“What happened to you?”

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