



NDCI
NATIONAL DRUG
COURT INSTITUTE

A Blueprint for Phases

Developed by:
National Drug Court Institute

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WHY HAVE PHASES?

STRUCTURE

RECOVERY PROCESS

INCREMENTAL PROGRESS



TWO PARTS



COURT

**BASED UPON
RISK LEVELS**

PHASES

TREATMENT

**BASED UPON
CLINICAL
ASSESSMENT
STAGES**

LEVEL OF CARE

COURT REQUIREMENTS



- ☑ Engage with treatment
 - Recovery support groups
- ☑ Comply with supervision
- ☑ Volunteerism
- ☑ Employment
- ☑ Phase advancement
- ☑ Continuing Care/Alumni

COURT REQUIREMENTS



- ✔ Court appearances
- ✔ Drug tests
- ✔ Sobriety time
- ✔ Curfew
- ✔ Ancillary services
- ✔ Case management
- ✔ Education/vocational training/GED
- ✔ Drug-free and prosocial activities

SAMPLE PHASES



HIGH RISK AND HIGH NEED

PHASE 1 ACUTE STABILIZATION

60 Days

- Court weekly
- Engaged with treatment
- Comply with supervision
- Develop case plan
- Weekly office visits
- Monthly home visits
- Random drug testing (at least 2x week)
- Address housing
- Obtain medical assessment
- Change people, places, and things
- Curfew 9 p.m.

In Order to Advance:

Regular attendance at treatment
Office visits

Sobriety time minimum of 14
consecutive days



PHASE 2

CLINICAL STABILIZATION

90 Days

- ✔ **Court bi-monthly**
- ✔ Engage with treatment
- ✔ Comply with supervision
- ✔ Continue addressing medical needs
- ✔ Continue changing people, places, and things
- ✔ **Review case plan**
- ✔ Weekly office visits
- ✔ Monthly home visits
- ✔ Random drug testing (at least 2x week)
- ✔ **At end of phase, begin to focus on recovery support groups**

In Order to Advance:

Engaged with treatment
Compliance with supervision
Sobriety time minimum of 30 consecutive days

- ✔ **Maintain housing**
- ✔ **Addressing financial**
(budget assessment)
- ✔ **Curfew 10 p.m.**



PHASE 3

PROSOCIAL HABILITATION

90 Days

- ✔ **Court monthly**
- ✔ Engage with treatment
- ✔ Comply with supervision
- ✔ Continue addressing medical needs
- ✔ Demonstrate changing people, places, and things
- ✔ Review case plan
- ✔ **Biweekly office visits**
- ✔ Monthly home visits
- ✔ Random drug testing (at least 2x week)
- ✔ **Begin criminal thinking program**
- ✔ **Establish prosocial activity**
- ✔ **Begin recovery network**
- ✔ **Curfew 11 p.m.**

In Order to Advance:

- Engaged with treatment
- Compliance with supervision
- Began prosocial activity
- Began recovery network
- Address medical
- Sobriety time minimum of 45 consecutive days



PHASE 4

ADAPTIVE HABILITATION

90 Days

- ✓ Court monthly
- ✓ Engage with treatment
- ✓ Comply with supervision
- ✓ Continue addressing medical needs
- ✓ Continue changing people, places, and things
- ✓ Review case plan

✓ **Monthly office visits**

- ✓ Monthly home visits
- ✓ Maintain housing
- ✓ Random drug testing (at least 2x week)
- ✓ Maintain prosocial activity

✓ **Engage recovery network**

✓ **Curfew 12 a.m.**

✓ **As needed based upon assessment:**

- ✓ **Job training**
- ✓ **Parenting/family support**
- ✓ **Vocational training**

In Order to Advance:

- Engaged with treatment
- Compliance with supervision
- Maintain prosocial activity
- Engage recovery network
- Address medical
- Began employment, vocational training, or school
- Begin to address ancillary services
- Sobriety time minimum of 60 consecutive days



PHASE 5 CONTINUING CARE

90 Days

- ✔ Court monthly
- ✔ Engaged with treatment
- ✔ Comply with supervision
- ✔ Continue addressing medical
- ✔ Continue changing people, places, and things
- ✔ Review case plan
- ✔ Monthly office visit
- ✔ Monthly home visits
- ✔ Maintain housing
- ✔ **Random drug testing**
- ✔ **Development of continuing care plan**
- ✔ Maintain prosocial activity
- ✔ Maintain recovery network
- ✔ As needed based upon assessment:
 - ✔ Job training
 - ✔ Parenting/family support
 - ✔ Vocational training

In Order to Commence:

- Engaged with treatment
- Compliance with supervision
- Maintain prosocial activity
- Maintain recovery network
- Maintain other employment, vocational training, or school
- Address ancillary services
- Address medical
- Sobriety time minimum of 90 consecutive days



Checklist

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THERE'S A LOT TO REMEMBER



SAMPLE WEEKLY SHEET

Date/Day	Time	Activity – Goal	Initials
Monday	6 a.m.	Take prescription meds with breakfast	
Monday	8 a.m.	Obtain picture ID	
Monday	2 – 4 p.m.	Attend Thinking for Change group	
Tuesday	1 – 4 p.m.	Dialectical Behavioral Therapy (DBT) group	
Wednesday	1 – 4 p.m.	Dialectical Behavioral Therapy (DBT) group	
Thursday	1 – 4 p.m.	Dialectical Behavioral Therapy (DBT) group	
Friday	1 – 2 p.m.	Individual session	
		https://www.ndci.org/resource/sample-documents/	



CONSIDERATIONS



Population

Accountability

Resources

Culture

Challenges

**Realistic and
recovery
focused**

**ANY
QUESTIONS?**

